



The INSIDER

An Independent Newspaper
For Wynmoor Residents

VOL. 10 NO. 8

AUGUST 2026

Hello August!

*Savor the Days.
Celebrate Community.*



Wishing all our residents
a happy, healthy and
beautiful month ahead.



SUNSHINE
AND GOOD
TIMES



RELAX
RECHARGE
RENEW



STRONGER
TOGETHER

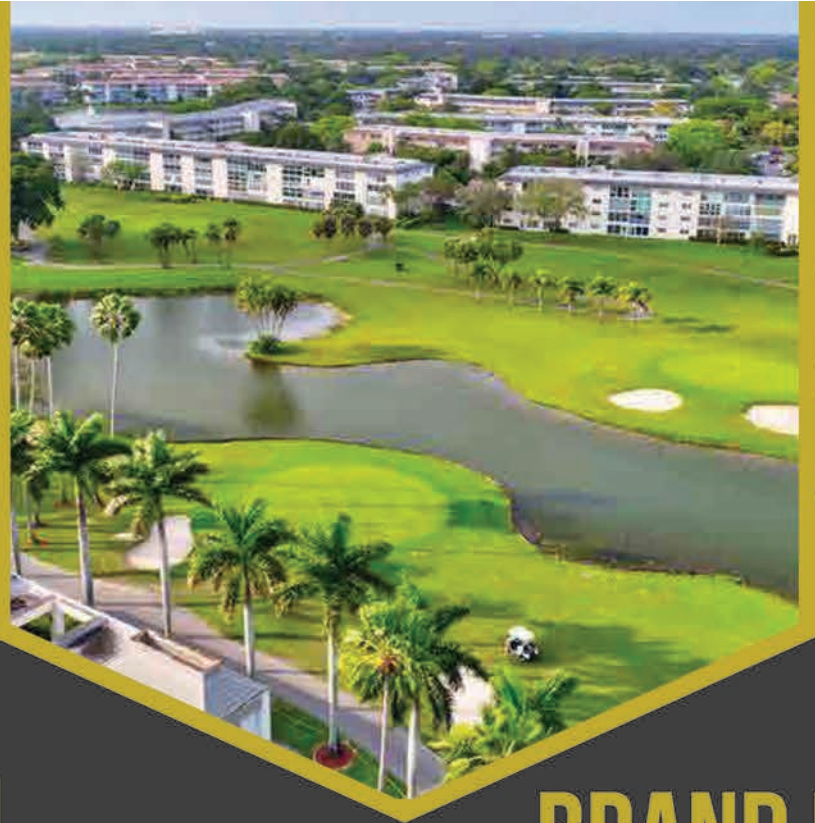


COMMUNITY
EVENTS &
HAPPENINGS

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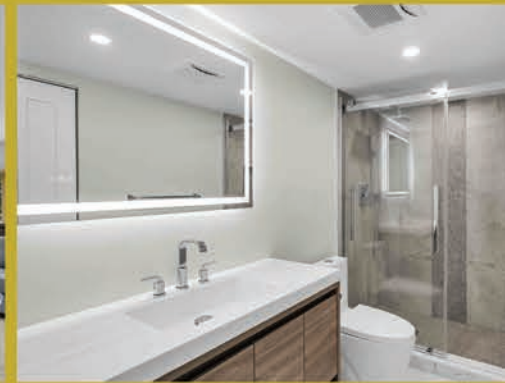
2801 VICTORIA (1/1.5)	\$ 85,000
1901 BERMUDA (1/1)	\$ 69,000
3204 PORTOFINO (REMODELED/LAKE VIEW)	\$ 269,000
2006 GRANADA (REMODELED W/D)	\$ 234,500
1602 ABACO (UPDATED CORNER W/D)	\$ 225,000
2403 ANTIGUA (REMODELED)	\$ 219,000
1705 ANDROS (WASHER/DRYER)	\$ 134,500
3204 PORTOFINO (REMODELED/LAKE VIEW)	\$ 225,777
3005 PORTOFINO (UPDATED/ LAKE VIEW)	\$ 183,777
2804 VICTORIA (UPDATED)	\$ 164,900
3201 PORTOFINO	\$ 125,000
2302 LUCAYA	\$ 104,900
2302 LUCAYA	\$ 109,000

PENDING/SOLD DURING LAST MONTH

1603 ABACO (UNDER CONTRACT)	\$ 266,000
1201 BAHAMA (UNDER CONTRACT)	\$ 75,000
2403 ANTIGUA (UNDER CONTRACT)	\$ 104,700
2301 LUCAYA (UNDER CONTRACT)	\$ 189,000
3204 PORTOFINO	\$ 126,200
3203 PORTOFINO	SOLD \$ 228,500
3301 ARUBA	SOLD \$ 315,000
2505 ANTIGUA	SOLD \$ 135,000
2102 LUCAYA	SOLD \$ 115,000
2502 ANTIGUA (UNDER CONTRACT)	\$ 102,000
1201 BAHAMA (1/1 UNDER CONTRACT)	\$ 75,000
3101 PORTOFINO (UNDER CONTRACT)	\$ 104,400
1606 ABACO	SOLD \$ 214,000
2703 NASSAU	SOLD \$ 159,000
2901 VICTORIA	SOLD \$ 110,500
1702 ANDROS	SOLD \$ 215,000
2901 VICTORIA	SOLD \$ 134,000
1603 ABACO (UNDER CONTRACT)	\$ 125,000
1601 ABACO	SOLD \$ 240,000

RENTALS AVAILABLE:

2401 ANTIGUA (1/1.5)	\$99,000
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Cheryl Stein
Mother

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3201 Portofino • Remodeled, Contemporary Furniture	\$205,000
3202 Portofino • Lake View, Furnished, Turn-Key	\$159,000

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4402 Martinique • CORNER, Water View, Just Painted	\$129,000
3202 Portofino • CORNER, Water View, All Impact	\$225,000

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1601 Abaco • CORNER, 1,550 sf., Remodeled	\$279,900
3502 Bimini • CORNER, Luxury, Totally Remodeled	\$375,000

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1705 Andros • Water View	\$154,000
3301 Aruba • 1,350 sf., Luxury Floorplan, Enclosed Patio	\$164,000
3405 Bimini • Glass Enclosed Patio	\$129,000
3502 Bimini • All Updated, Water/Golf View, "LUXURY"	\$284,500
1501 Cayman • 1,225 sq. ft., Iris Floor Plan	\$139,000
2006 Granada • Water View, New A/C	\$135,000

ANNUAL RENTAL

1605 Abaco • Inside Washer & Dryer, 1,425 sf	\$2,200/mo
--	------------

SEASONAL RENTAL

3205 Portofino • Completely Updated, All Impact, Top-of-the-line Appliances	\$3,500/mo
---	------------

Cheryl Stein



Wendy Peck



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Please keep all articles timely, according to the published date. **Articles are encouraged to be emailed to: wynmoorads@aol.com**

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PEN TO PAPER 250 Maximum
ARTICLES OF INTEREST 450 Maximum

Please identify the nature of your submission on your envelope: Example: Calling All Clubs, Neighborly News, Pen to Paper, Etc.

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SECURITY NEWS

Dispatch: 954-978-2667

For Medical and Life/Health Threatening Emergencies, Always Dial 9-1-1 FIRST!

Remember to **STOP** at **ALL Stop Signs**. The speed limit around Wynmoor Circle is 25 MPH and 15 MPH on the North Road and in the villages.

Cyclists Must Obey Traffic Laws, including the flow of traffic, obeying traffic signs and signals, observing basic rules regarding turns and lane changes.

Citations will be given out to those who violate the road rules.

First Offense: \$25 Fine **Second Offense:** \$50 Fine

Crime Prevention Round Table: Be informed! Know what is going on in your community! Come to the Crime Prevention Round Table, sponsored by the Coconut Creek Police Department.

Crime Prevention: 4th Thursday of each month at Grand Ballroom A - 2:30 p.m.

Your Guest List

Unit owners or tenants are responsible to call in their guests, including aides/nurses, cleaning people, personal transportation, realtors, contractors and vendors.

Make sure your guests have I.D.s ready when approaching the gate for proper verification.

They must have the NAME and ADDRESS of the resident they are visiting.

Important Numbers

For Medical Emergencies Always Dial 9-1-1

Emergency:..... 954-978-2663

Automated Gate Access:..... 954-978-2666

Security Dispatch:..... 954-978-2667

Resident Registration Office:..... 954-978-2600, ext. 321

Coconut Creek Police, Non-Emergency: 954-346-4400

Hours of Operation

For Information Call:.....954-978-2600

Administration/Pool/BBQ:..... 7:00 AM - 10:00 PM

Fitness Center:..... 6:00 AM - 10:00 PM

Country Club: 8:00 AM - 11:00 PM

Racquet Center: 8:00 AM - 8:00 PM

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From the President

Transparency, Accountability and the Importance of Facts

Transparency and accountability are essential principles in every community association. Residents have a right to expect that those entrusted with managing community resources operate openly, responsibly, and in compliance with the law.

At Wynmoor, questions are sometimes raised about financial management, governance, and operational decisions. Such questions are both appropriate and healthy. A healthy community should encourage residents to ask questions, review information, and participate in the governance process.

However, transparency requires more than asking questions. It also requires a commitment to facts.

Over the past several years, allegations concerning Wynmoor Community Council, its officers, directors, employees, and representatives have been submitted to various regulatory and law enforcement agencies for review. These agencies possess the authority, expertise, and investigative resources necessary to evaluate complaints and determine whether violations of law or regulation have occurred.

Among those reviews were investigations conducted by the Florida Department of Business and Professional Regulation (DBPR). The following complaints were investigated and closed:

• Case No. 2023064149 (Sklaar vs. Bandler) – Closed February 14, 2024

• Case No. 2023041106 (Sklaar vs. Bandler) – Closed March 7, 2024

• Case No. 2024018179 (Karmazyn vs. Wynmoor Community Council) – Closed January 3, 2025

• Case No. 2025053289 (Karmazyn vs. Bandler) – Closed October 15, 2025

• Case No. 2026002464 (Karmazyn vs. Arnold) – Closed January 21, 2026

In each case, DBPR determined that the evidence presented was insufficient to establish statutory violations warranting prosecution.

In addition, allegations have been presented to other governmental and law enforcement agencies over a period of years. Despite extensive review and investigation, no findings of criminal wrongdoing have been made and no criminal charges have been filed.

DBPR representatives continue to attend and observe Wynmoor

Community Council meetings as part of their oversight responsibilities. Their ongoing presence provides additional accountability and confidence for our community and demonstrates the openness with which Wynmoor conducts its affairs.

These outcomes do not suggest that residents should stop asking questions. To the contrary, resident involvement remains one of the strengths of community governance. Questions, discussion, and oversight are valuable components of a healthy association.

What these outcomes do demonstrate is the importance of distinguishing between allegations and evidence.

In any community, reputations can be affected by rumors, speculation, and repeated accusations. That is why our legal and regulatory systems rely on evidence rather than assumptions. Allegations deserve investigation. Conclusions should be based on facts.

The continued success of Wynmoor depends upon maintaining a culture of openness, respect, and constructive dialogue. Residents may not always agree on policies, priorities, or decisions, but those discussions are most productive when they are grounded in documented facts rather than speculation.

Transparency remains important.

Accountability remains important.

Equally important is fairness.

As a community, we should continue to ask questions, seek information, and participate in governance. At the same time, we should recognize the difference between concerns that are supported by evidence and accusations that are not.

The record speaks for itself. Repeated allegations have been thoroughly investigated by the appropriate regulatory and law enforcement agencies and were found to be unsupported by the lack of evidence. Unsupported accusations, no matter how often repeated, do not become facts.

Finally, I would like to express my sincere appreciation to our Board of Directors, administration, staff, volunteers, and residents. Their dedication,



Continued on page 6

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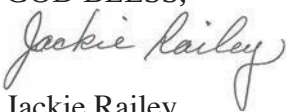
lawyer@argate.net

From the President

Continued from page 5

professionalism, and commitment to our community are what make Wynmoor such a special place to live. The success of Wynmoor is not the achievement of any one individual. It is the result of people working together every day to improve our community, protect our shared interests, and make Wynmoor an even better place to call home.

Wynmoor is strongest when discussions are guided by facts, when disagreements are handled respectfully, and when the truth, not rumor, serves as the foundation for community decision making.

GOD BLESS,


Jackie Railey,
President, Wynmoor Community Council

The Legacy Beyond a Will

By Charmaine Nandoo

As we grow older, we dedicate significant time to financial planning, updating wills, and establishing healthcare directives to protect those we love. However, there is another aspect of our legacy that is rarely discussed: what becomes of the thousands of belongings that tell the story of our lives?

This question became personal for me after my father passed away in 2019. Managing his estate was an enormous responsibility, and today, I am navigating a similar journey with my mother, who is in the early stages of dementia. These experiences have taught me that our possessions—from business attire and fine china to boxes in the garage—represent the milestones and dreams that shaped who we are.

One day, our loved ones will be asked to decide the fate of these items. While we prioritize financial legacies, we often overlook our personal legacies. The stories behind a grandmother’s quilt or a father’s watch are just as valuable as the items themselves.

Perhaps the greatest gift we can leave our families is fewer difficult decisions during a time of grief. Even better, we can choose to share these treasures now. There is profound meaning in watching a grandson use a favorite fishing rod or seeing a daughter display cherished dishes while we are still here to witness the joy it brings.

Growing older is an opportunity to be intentional about the legacy we leave behind—not just through assets, but through our stories and generosity. If this message resonates with you and you would like support in organizing, downsizing, or thoughtfully passing belongings on to the next generation, I would be honored to help.

Please feel free to contact me at 954-245-2425 to discuss how we can begin this journey together.

Wynmoor Medical Office

Good morning, everyone. This is Dr. Funk. I just wanted to clarify that the office located inside of Wynmoor is not doing concierge medicine. Nothing has changed. We are still seeing patients for Primary Care and Cardiology. There are a lot of rumors going around that we are leaving and in fact, we are not going anywhere and looking forward to taking care of everyone inside of the Wynmoor community.

Thank you!

An Open Letter...

By Nancy Moskowitz, Lifetime Member

Dear Neighbor,
Libraries have a place of importance for many of us. It makes me sad to see some close or reduce their services due to cut backs or lack of interest.

We’re very fortunate to have the North Regional Broward College Library, located at 1100 Coconut Creek Blvd. It’s open seven days a week and continues to provide programs available for all ages.

- Some advantages of this library:
- A large sitting area to meet others or find a quiet spot to read or do research
 - Classes that meet weekly or monthly for all ages
 - Borrow e-readers, audio books, movies, music
 - Ability to borrow books directly or use Libby
 - Free special programs throughout the year

All this and more are made possible by a volunteer group, **The Friends Of The Library**. State and federal monies have been reduced or eliminated, reducing facilities. We hope that you’ll join our group for a donation of \$10 a year or \$100 for lifetime membership. Membership forms are available in the Old Gift Shop and can be deposited in the black box donation container.

We Need Your Support More Than Ever!
Summertime is a wonderful time to return to this air-conditioned, well-lit spot, to spend an hour or longer. I’ll be there and hope to see you there too. In friendship, Nancy

Immunization Awareness Month

Staying Protected Through Preventive Care

By Gayle Daniel

August is Immunization Awareness Month, highlighting the importance of vaccines in protecting older adults from serious illness. As we age, the immune system becomes less effective at fighting infections, making preventive care more important than ever.

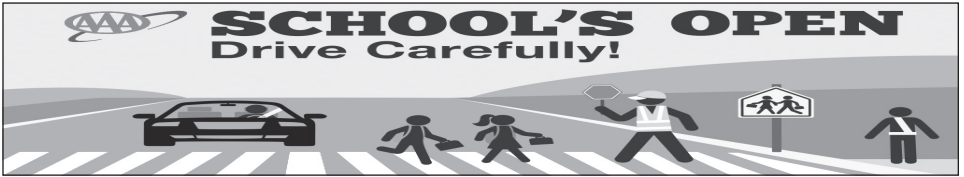
Vaccines such as the flu shot, pneumonia vaccine, shingles vaccine, and COVID-19 boosters significantly reduce the risk of complications, hospitalization, and long recovery periods. These illnesses can be especially dangerous for seniors with chronic conditions like heart disease, diabetes, or respiratory issues.

Staying current with immunizations helps protect not only individuals but also the community. Vaccines reduce the spread of illness, keeping friends, family members, and neighbors safer. This is particularly important in senior communities like Wynmoor, where close contact is common.

Some seniors avoid vaccines due to concerns about side effects or confusion about scheduling. Speaking with a healthcare provider can clarify which vaccines are recommended and how often they are needed. Keeping a vaccination record helps prevent missed or duplicate doses.

Transportation and appointment scheduling can sometimes be barriers to preventive care. Having assistance makes it easier to stay on track and reduces stress around medical visits.

Recovery after illness can take longer with age, making prevention even more valuable. Vaccines help seniors stay active, social, and independent by reducing interruptions caused by illness.



Dr. Richard Fields

Podiatrist

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2402 ANTIGUA CIR E3 • 2/2 • \$159,000
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2103 LUCAYA BEND C1 • 2/2 • \$134,900
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5415 NW 15th St • 1030 Sq/Ft • \$334,900
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FOR RENT

2803 VICTORIA WAY • 2/2 • \$1,800 (ANNUAL)
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PENDING

2903 VICTORIA CIR • 2/2 • \$165,000

1901 BERMUDA WAY • 2/2 • \$147,500

2101 LUCAYA BND • 2/2 • \$119,000

3306 ARUBA WAY • 2/2 • \$4,000 (SEASONAL)

4502 MARTINIQUE WAY • 2/2 • \$3,000 (SEASONAL)

3403 BIMINI LANE • 2/2 • \$2,200 (ANNUAL)

CLOSED

3305 ARUBA WAY • 2/2 • \$174,000

3403 BIMINI LANE • 2/2 • \$2,200 (ANNUAL)

2003 GRANADA DR • 2/2 • \$2,100 (ANNUAL)

2903 VICTORIA CIR • 2/2 • \$1,800 (ANNUAL)

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Tuesday, August 18, 2026

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Goldsboro

By Jayne Chapman

I haven’t been able to get Goldsboro out of my mind since I returned from our Multicultural Interfaith Book Club’s five-day African American journey through Florida. We started in Miami, spent two nights in the Orlando area, and finished with two nights in St. Augustine.

I first learned about Goldsboro during our day in Sanford, a suburb of Orlando. Here’s what I discovered: Goldsboro was the earliest incorporated Black town in the United States, founded in 1881. It had a Black mayor, a Black sheriff, and other Black officials. Even though African Americans couldn’t vote in state or federal elections, in Goldsboro they could elect their own leaders. In 1911, that autonomy was taken away – that town of Goldsboro was dissolved and absorbed into what became “West Sanford.”

Those are the bare facts, but they unsettled me deeply - and they still do. I imagine the people who lived in Goldsboro, their pride and dignity in building a thriving community of their own. The U.S. Constitution, while never using the words “race” or “slave,” had long protected slavery, counting three-fifths of the enslaved population for representation while denying them the right to vote. Even after the 13th, 14th, and 15th Amendments ended slavery, defined

citizenship, and extended voting rights to Black men, many states passed laws to suppress those rights. Yet in Goldsboro, residents carved out a space of self-determination - they owned businesses, elected officials, and cultivated hope.

Then, in 1911, it was stripped from them. Imagine their heartbreak. The message was clear: How dare you believe you can govern yourselves? When we visited Sanford, we learned about a recent event honoring Goldsboro’s legacy. The community had unveiled the Goldsboro Quilt, a collaborative creation by local elders and residents celebrating the town’s history and endurance. During the ceremony, the mayor of Sanford offered an official apology for what had been done to Goldsboro.

That act of acknowledgment moved me deeply. But it also stirred something painful - because echoes of that same exclusion still resound today. We live in a time when many people speak and act as if they wish to erase all those they see as “other.” Perhaps it’s that reality - the persistence of these attitudes - that makes Goldsboro stay with me. Its story reminds me how fragile justice can be, and how essential it is that we remember, honor, and protect the communities that dared to build freedom for themselves.

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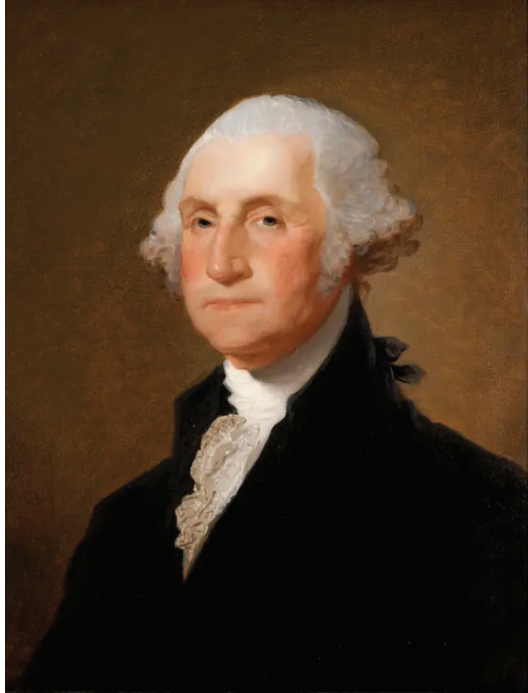
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Cherishing Fine Art in Historic Providence

By Barry Isaac



Claude Monet's "Basin at Argenteuil"



Gilbert Stuart “George Washington”



**Lippo Memmi”
Mary Magdalene”**



Spinello Aretino” Saint Anthony Abbott Enthroned

In late June, I was fortunate enough to spend a delightful day at the RISD Art Museum in Providence, Rhode Island. At the RISD Art Museum, I started my visit by carefully studying splendid paradigms of quality Italian 14th Century Paintings from the Trecento. Specifically, I saw marvelous paintings such as; Lippo Memmi's "Mary Magdalene" (Siena, 13330), Lippo Benivieni's "Triptych, Madonna Enthroned With Saints and Angels" (Florence, 1320), Jacopo Di Cione's "Taking of Saint Peter" (1370, Florence), Bartolo di Fredi Cini's "Madonna and Child" (Siena, 1380), and Spinello Aretino's "Saint Anthony Enthroned" (Arezzo, 1395). All of these paintings employed egg tempera and gold leaf on wood panel. I also relished a fine French sculptural work using ivory from the Medieval Period by an Anonymous Master, "Diptych With Scenes From The Nativity, Crucifixion, and Last Judgement."

I also was very impressed with the RISD Art Museum's collection of French 19th Century oil paintings. Among the paintings that I savored were; Jean Victor Bertin's "Tivoli" (quality French Romantic Art), Louise Josephine Sarazin de Belmont's "View of Paris from the Louvre," Eugene Delacroix' "Arabs Travelling"

(quality Oriental Theme Painting), Gustave Courbet's "Jura Landscape" (quality French Realism), Camille Corot's "Banks of A River Dominated In the River by Hills" (french Barbizon), Carolus Duran's "Portrait of Edouard Manet," Edouard Manet's "Repose," Edgar Degas' "Le Savoisienne" (wonderful portrait), Berthe Morisot's "Child With Red Apron" (fine very inventive Impressionist Painting), Claude Monet's "Basin at Argenteuil" (my favorite 19th Century painting at this art museum with its resplendent colors). Camille Pissarro's "Field and Mill At Osny" (another epitome of quality French Impressionism). Paul Cezanne's "Chestnut Trees and Farm AT Jas Bouffan," and Vincent Van Gogh's "View of Auvers Sur Oise" (quitesential Van Gogh Painting at his most productive period).

I also appreciated its three wonderful portraits which were done in the early 19th Century by native Rhode Islander, Gilbert Stuart. I liked the following portraits by this American Master; “George Washington,” “Samuel Dunn,” and “Sarah Dunn.”

Finally, there were more areas of the RISD Art Museum that fascinated me, but that is the subject, perhaps of future reviews of this art museum.

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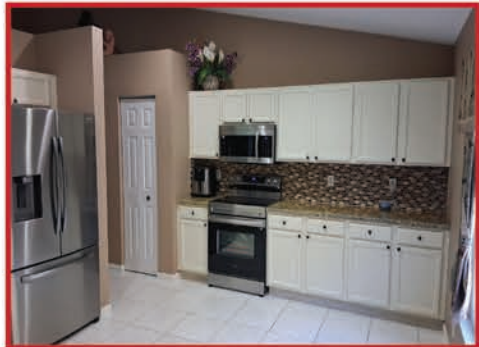
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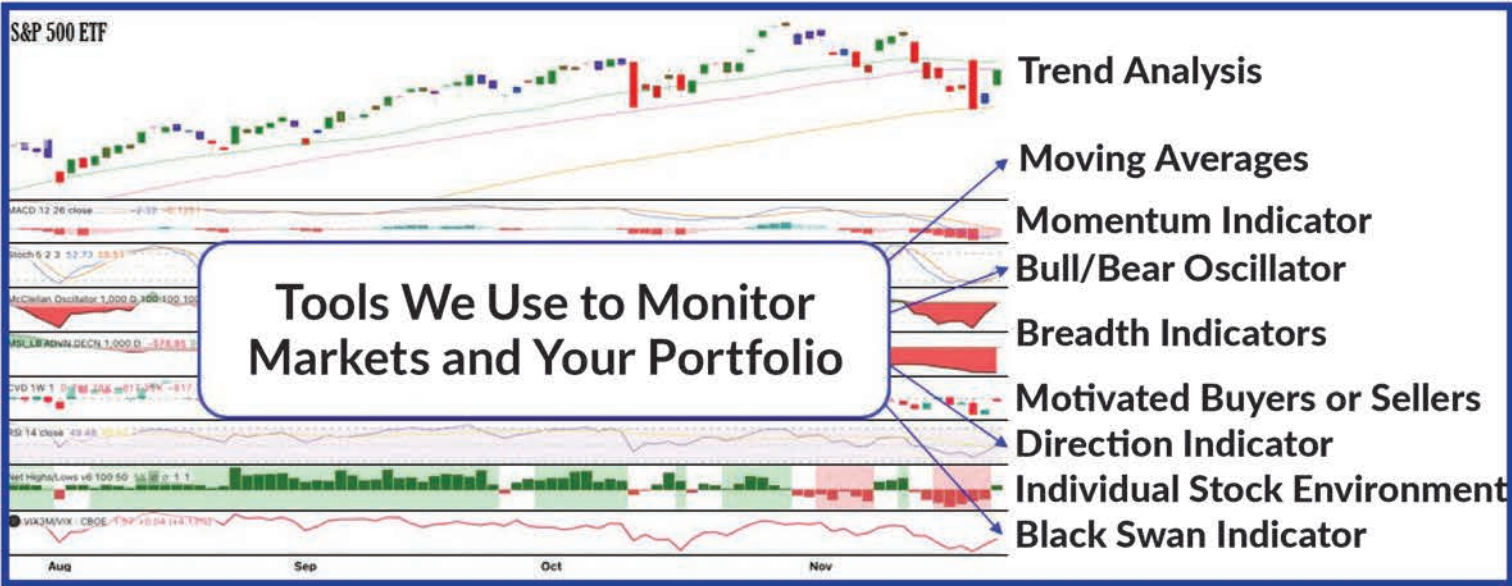


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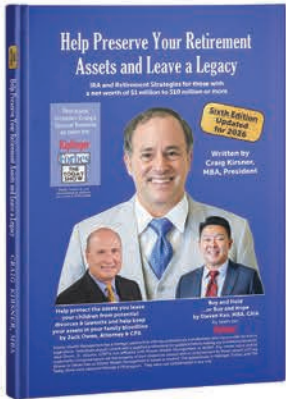


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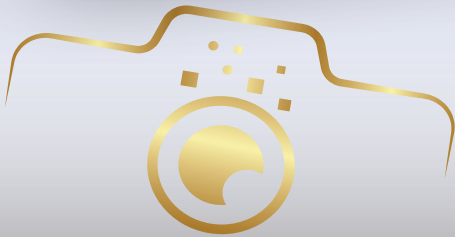
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Florida Statutes require our office to use January 1st as the date of assessment each year. The 2026 Just/Market Values are based on the market data from 2025 with January 1, 2026 as the date of assessment.

The Property Appraiser’s Office does not set or collect property taxes. If you have questions about the proposed tax rates, the contact information and public hearing dates for the individual taxing authorities are listed to the right of each agency name on the TRIM Notice.

I Recently Applied for Homestead Exemption –
Why Is It Not Showing?

Florida Statutes require our office to use January 1st as the date of assessment and to determine exemption eligibility each year. If you purchased your home after January 1, 2026, you are eligible for 2027 Homestead Exemption. The 2027 exemptions will show online in December and be included for the 2027 tax year.

I Had Homestead Exemption Last Year –
Where Did My Exemptions Go?

If you purchased your home in 2025, you may have “inherited” the previous owner’s exemptions last year. These 2025 exemptions were removed at the end of 2025, so are no longer showing on your TRIM Notice for tax year 2026. Fortunately, you can still late file for 2026 Homestead and any other exemptions you may qualify for until September 18, 2026.

I Am a Senior Citizen –
Why Isn’t the Senior Exemption Showing?

The Senior Exemption is both an age and income-based exemption that is not automatically applied to a property because of the income requirement. To be eligible for this exemption, an applicant must be age 65 or older as of January 1, 2026 and have an adjusted household gross income for 2025 not exceeding \$38,686. If you believe you qualify for this additional exemption, you can still late file until September 18, 2026.

To review all the tax-saving exemptions available to qualified applicants and to apply for these online, please visit our website at web.bcpa.net and click on “Exemptions & Classifications.”

The absolute deadline to apply for any 2026 exemption is September 18, 2026.

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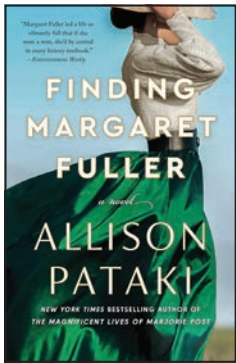
book review

By Beatrice Horowitz



Finding Margaret Fuller

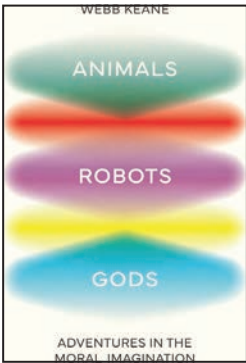
Alison Pataki



Ralph Waldo Emerson claimed that Margaret Fuller was “the radiant genius and fiery heart [who] was perhaps the real center” of the Transcendental movement in America in the middle of the nineteenth century. This fictionalized account of her life begins with her first visit to the Concord home of the Emersons in 1836 and ends with her death in 1850. (This is not a spoiler: her death is recounted in the first pages of the book.) The author describes her growing friendship with Waldo, her involvement with the Alcott family, her struggles to support herself and her mother while maintaining her independence. Intellectually trained by her autocratic father, she finds employment first in Bronson Alcott’s eccentric Boston school (he never pays her) and then in a Providence, Rhode Island school (she gets paid.) She returns to Boston and starts a Conversation Series for women, where she meets the wives of many elite men. There isn’t space here to completely outline her adventurous life. By the end of the book, she’s returning from Rome, where she witnessed and recorded the rebellion there in the late 1840s. If the writing is sometimes overwrought, the facts of this life that has been largely forgotten are extraordinary. I closed the book believing that her work should be represented in every course syllabus for nineteenth century American literature. If only.

Animals Robots Gods

Webb Keane



Mr. Keane, an anthropologist, has written a book that attempts to explain how we have reached the point in our human development of “having romantic relationships with robots, seeking answers from god-like AI, and trying to persuade our vehicles to be moral machines.” He believes that “the patterns and possibilities of ordinary social interaction” have allowed us to do this. The book is 146 pages long; a good thing for me, as I was often lost in his arguments and explanations and probably couldn’t have done too many more pages. He starts his exploration of the intersecting communication between humans and non-humans with a discussion of humans and animals, from prey to sacrifice to workmate to companion. His journey takes him from there through robots, avatars, servants and fetishes, and on to artificial intelligence, spirits and shamans. A lot of his citations come from anthropological research. If difficult to understand, his arguments do open up a way of thinking that seems vital as we head off into the future.

Reading allows us to see and understand the world through the eyes of others.
– Chris Riddell





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Entertainment

August 6th: King Arthur
August 20th: Josh Pearl

Menu Options:
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Hamburger Combo: \$10.00
Grilled Chicken Breast Sandwich: \$12.00
Chicken Skewer on Pita w/Tzatziki: \$12.00
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Wednesday
Night
Pool
Tournaments

By Richard Pittala

Every Wednesday night from 6:30 to 8:00 p.m. The tournaments are handicapped for all skill levels. All Residents and their guests are welcome! All about having fun and meeting new friends!

WEEKLY WINNERS:

5-27-2026 The game was 9 Ball. 8 players, Round Robin handicapped playing 5 games. First place winner was Tony with 5 straight wins. Ernesto (handicap to 8), Bob & Andre all tied for second place with 3 wins each.



Photo from L to R: Ernesto, Bob, Tony, & Andre

6-10-2026 The game was 8 Ball Round Robin handicapped. 13 players showed to test their skills playing 6 games. Franco came in first place with 6 straight wins. Ernesto, Andrew & Rich all tied for 2nd place with 4 wins each out of 6 games.



Photo from L to R: Franco, Ernesto, Andrew, & Rich

6-17-2026 The game was 8 Ball. 10 players joining the fun. Amazingly we had a 4way tie for first place with 4 wins out of 6 games.



Photo of all 4 winners from L to R: Pancho, Shani, Julio & Bob

“THE MZCUES”

Ladies get together every Tuesday from 3:00 to 5:00 p.m. They teach new comers how to play and just to have fun for a couple of hours. Interested, you reach out to Carol cas242@hotmail.com or 978-979-1681.

The MZCues 6-16-2026 first 8 ball tournament. 9 players did their best. We had 2 ties for first and second place. Janice & Nancy tied for first place and Darlene and Linda tied for second place.



Photo from L to R: Darlene, Janice, Nancy, & Linda



Liberal Jewish Temple
OF COCONUT CREEK

Break the Fast

Hosted by Liberal Jewish Temple

Monday, September 21, 2026

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Please use the word “Ballroom” to get through the gate

Menu: Platters of whole whitefish, baked salmon, nova lox, creamed herring, tuna salad, egg salad, bagels, cream cheese, tomatoes, onions, olives and more. Dessert: Pastries, sugar free, tea, coffee.

Cost: \$40/pp Members - \$45/pp Non-Members

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8 to a table / 10 max, if necessary
Maximum Capacity 150

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Forward your list of names to legalsong@aol.com
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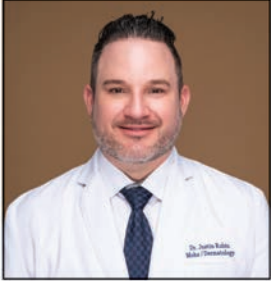
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Important Telephone Numbers

Advisory Board For Disability In Broward County

By Roz Greenberg

As a member of the Broward County Disability Advisory Board, I have the opportunity to share important information with residents of Coconut Creek and surrounding counties. This information is intended for individuals living alone, as well as for family members and caregivers who may be facing disability-related concerns that need to be addressed.

- The Aging Disability Resource Center Referral Program 954-745-9779
- The Area Agency on Aging of Broward County Elder Affairs Florida 954-745-9567
- Mission United proudly serving those who have served in the military954-4UNITED (486-4833)
- Free Library Service for the Blind and Physically Handicapped Individuals 1-888-NLS-READ
- Broward County Trauma Services 954-357-5234
- 211 Touchline - If you live alone they will check on you daily, on your well-being. 954-640-5800
- 211 Non-emergencies, 988 Suicide and Crisis, 911 Emergencies are numbers to call also.
- Captel for people with hearing loss. Outreach Educator 954-415-6469
- Uber Assist 1-800-use uber (763-8237)
- Tops Transit 1-866-682-2258
- Florida Department of Transportation..... 954-777-4302
- Alzheimers Research and Treatment Center - Complimentary Memory Evaluations 561-209-2400

Please call any of the numbers above, or contact me, Roz, for other resources you may need at 754-205-7283 and I will try to help.

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The Liberal Jewish Temple of Coconut Creek

A Reform Jewish Congregation Welcoming Everyone

Iris Arlan & Lee Temares

Rosh Hashanah and Yom Kippur are observed across the Jewish world as days of judgment, repentance, renewal, and return. Yet the ways Jews mark these themes can look surprisingly different from one community to another. Some customs are widespread across denominations, while others are linked to particular regions, ethnic traditions, or levels of religious observance.

- **Djerba, Tunisia: children gathering fallen olives.** In the Jewish community of Djerba, children traditionally collected fallen olives before Rosh Hashanah, pickled them in salt, and announced them as foods for a blessing that expressed hope for multiplied merits, like flourishing olive saplings.
- **Iraq: serving the head of a ram.** Some Iraqi Jewish families traditionally kept a ram before the holiday, then prepared it for the Rosh Hashanah meal. The head was served with the wish that the family should be “a head and not a tail,” turning a dramatic food custom into a prayer for leadership, dignity, and good fortune.
- **Aleppo, Syria: blessing the barber.** Among Jews of Aleppo, a haircut before Rosh Hashanah could end with an Arabic exchange of blessings between customer and barber. The custom linked physical preparation with spiritual readiness for the new year.
- **Worms and Western Europe: paying debts before judgment.** In some Ashkenazi communities, people tried to settle debts before Rosh Hashanah so they would enter the season of judgment unencumbered, socially and spiritually.
- **Sephardi and Mizrahi communities: the Rosh Hashanah seder.** Many Sephardi and Mizrahi Jews begin the holiday meal with a sequence of symbolic foods called *simanim*. Dates, leeks, beets, gourds, black-eyed peas, fish, pomegranates, and other foods become edible prayers for peace, increase, protection, merit, and blessing.
- **Morocco: seven-vegetable couscous or stew.** Some Moroccan Jewish families prepare a dish with seven vegetables, connecting the holiday to the seventh Hebrew month, Tishrei, and to wishes for abundance.
- **Kapparot with a chicken.** In some Orthodox and especially Hasidic communities, a rooster or hen is swung over the head before Yom Kippur while prayers are recited. The bird is then slaughtered according to Jewish law and often given, or its value given, for charity. Many Jews substitute money, and many communities reject the animal version as unnecessary or troubling.
- **Tashlich as symbolic casting away.** Although usually associated with Rosh Hashanah, tashlich is part of the same penitential season. Jews go to flowing water and recite verses about casting sins into the sea. Some communities historically shook out garments, threw crumbs, or performed more physical gestures, though many rabbis discouraged anything that made the act seem magical rather than symbolic.
- **Kurdistani Jewish water customs.** Some accounts describe Kurdistani Jews entering or swimming in water as part of a cleansing symbolism around the High Holidays, a more embodied version of the idea behind tashlich.
- **White clothing and burial imagery.** On Yom Kippur, many Jews wear white, and some traditional men wear a *kittel*, a white robe also associated with burial. The visual effect can be startling: the worshipper stands alive while dressed in a reminder of mortality, humility, and purification.
- **Public confession in plural language.** The repeated Yom Kippur confessions are recited in the plural—“we have sinned”—even when worshippers may not personally have committed every listed wrong. This can feel strange to outsiders, but it expresses communal responsibility and moral solidarity.

Denomination affects how these customs are interpreted and practiced. Reform communities may emphasize ethical themes, family education, social

justice, music, and accessible symbolic rituals. Conservative and traditional Sephardi communities often preserve inherited liturgy and foods while adapting details to modern life. Orthodox and ultra-Orthodox communities may retain older practices more fully, especially when tied to family minhag, rabbinic authority, or Hasidic tradition.

The unusual quality of these customs is part of their power. A fish head, a ram’s head, olives, sugar, flowing water, white garments, or circling money can make abstract ideas tangible. The High Holidays ask Jews to imagine change: a sweeter year, a lighter conscience, repaired relationships, and a renewed life. Around the world, Jewish communities have used local foods, languages, landscapes, and inherited memories to make that work visible.

The Liberal Jewish Temple meets twice a month at the Centura Parc Community Ballroom. Come join us. After our spiritually uplifting service, we invite everyone to gather, enjoy sweet treats and connect with our welcoming Temple Family or simply the joy of community, there’s always a place for you and yours at our Temple. Lots of new and exciting things happening. See our Ad in this month’s Insider, Tap and Facebook for more details. Check out our website at ljtcc.org. For Information about the Temple contact Iris Arlan, President at 954-532-5268.

Questions about Rituals contact Lee Temares at 954-968-4236.

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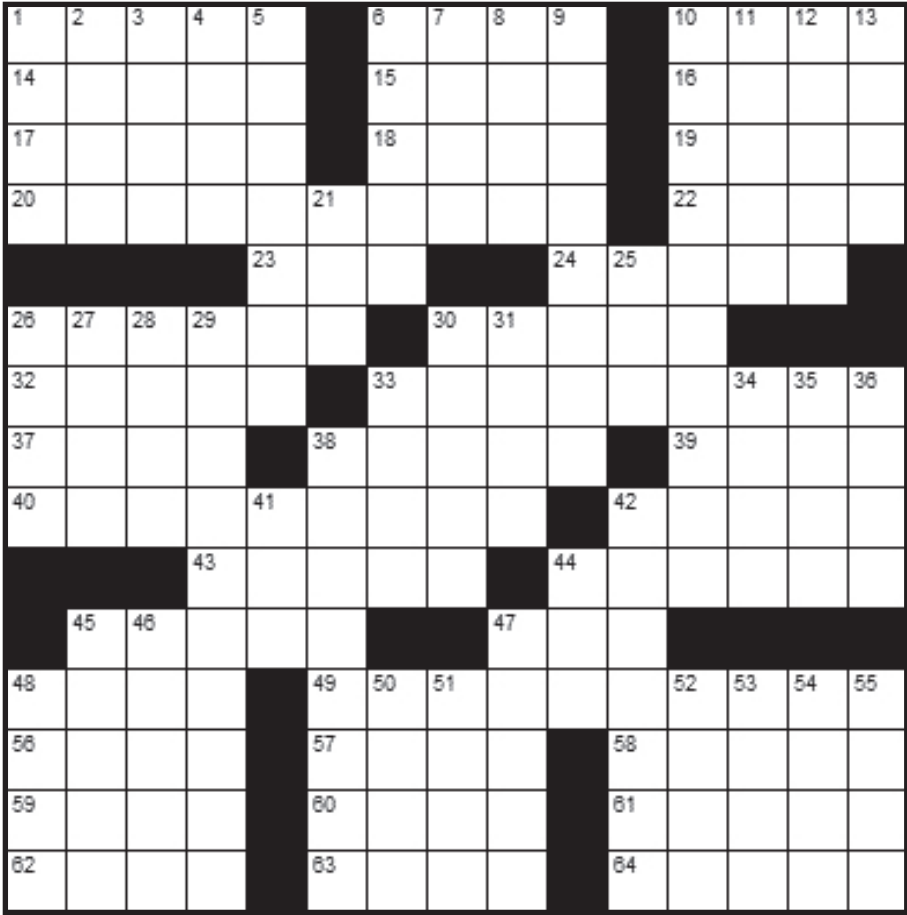
EREV ROSH HASHANA	Fri.	Sept. 11	7:30 PM
ROSH HASHANA	Sat.	Sept. 12	10:00 AM
			<i>Tashlich to follow service</i>
KOL NIDRE	Sun.	Sept. 20	7:30 PM
YOM KIPPUR	Mon.	Sept. 21	10:00 AM
AFTERNOON YISKOR	Mon.	Sept. 21	4:00 PM
HAVDALAH			



Puzzles and Games

Solutions on page 61

Crossword Puzzle



- ACROSS**

1. ____ bear

6. Big bash

10. Asian nurse

14. Illicit sexual relationship

15. Fifty-three in Roman numerals

16. Barbershop emblem

17. Countdown clock

18. Jewish month

19. By mouth

20. People from the east coast

22. Piece of identification

23. Assist

24. Sacred hymn

26. Soak up

30. Symbol of slowness

32. Excerpts

33. Dubious writings

37. Pitching to one side

38. Coast

39. Jetty

40. Amounts that have been spoiled

42. A small island

43. Award

44. Stinky
45. Coniferous forest

47. A strong drink

48. Subscriptions

49. Relating to atmospheric pressure

56. Backside

57. Follow orders

58. Employ again

59. Against

60. Component used as fertilizer

61. Expensive fur

62. Millisecond

63. Cash drawer

64. Twisty turns
- DOWN**

1. Head

2. Dogfish

3. French for "Names"

4. Song for 2 voices

5. Past-due debts

6. Hormone secretor

7. Assistant

8. Teller of untruths

9. Flight zone

10. Cataclysmic event

11. Honorable

12. Alert
13. Grasped

21. Poke fun at

25. Mister

26. Play parts

27. Radar signal

28. Storage site

29. Hopeful

30. Plausible glib talk

31. Silent assents

33. Seaweed

34. Tablet

35. Stiletto or wedge

36. Pretentious

38. Social butterfly

41. Lower limb

42. Dunk

44. Total

45. Changes direction

46. Diminish

47. Regal

48. Junk E-mail

50. Dugout shelter

51. Bobbin

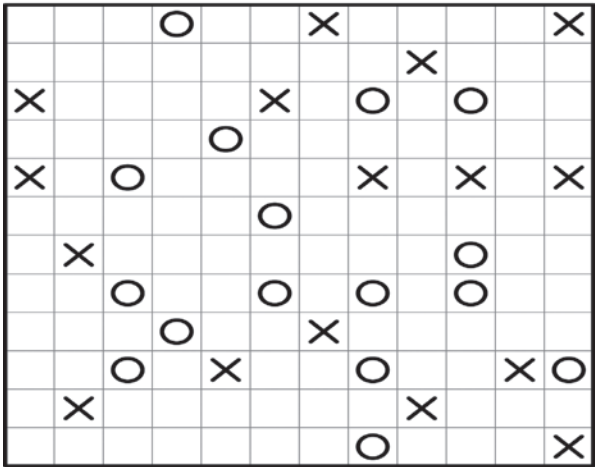
52. Earl Grey and orange pekoe

53. Smears

54. Small island

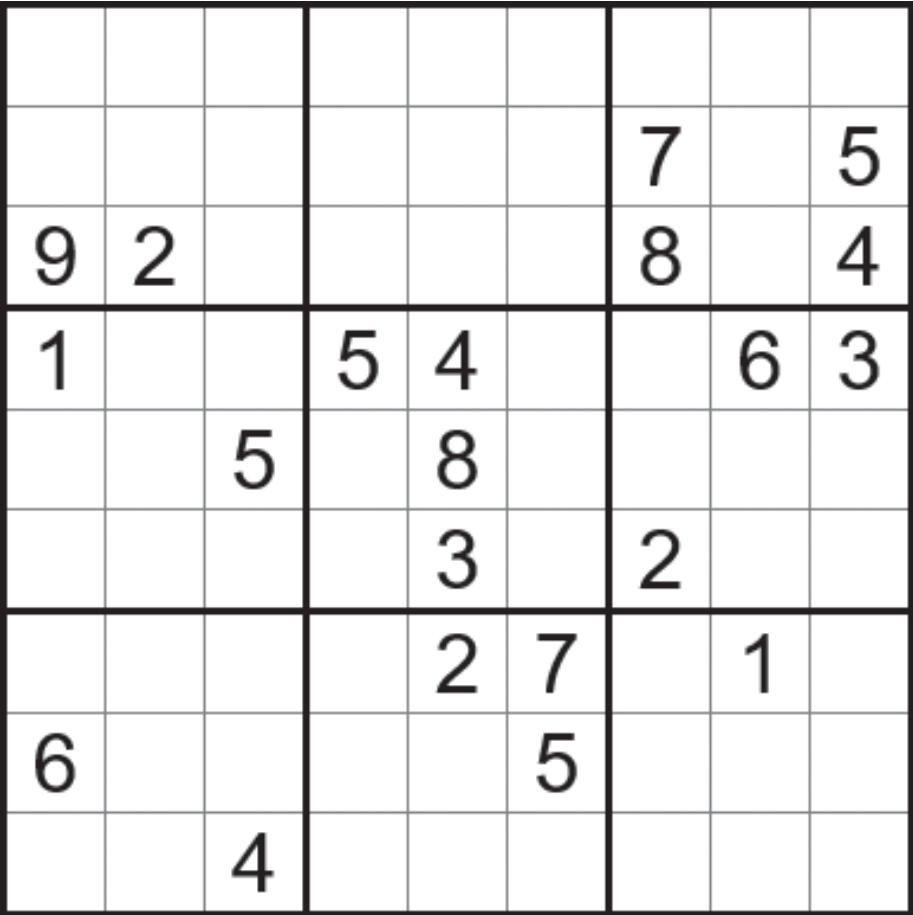
55. CCC

Binox



The finished puzzle should be filled with Xs and Os. Horizontally and vertically, there should never be a continuous run of the same symbol longer than 2. There are an equal number of Xs and Os in each row and column. All rows are unique. All columns are unique, too.

Sudoku



Use your logic to find the correct number for each square. When finished, all nine rows across, all nine columns down and all nine 8-by-8 boxes must contain all nine numbers, 1 through 9 with no repeats.

Summer

Find and circle all of the words that are hidden in the grid. The remaining letters spell an additional item.



- ANTS

AUGUST

BARBECUE

BASEBALL

BEACH

BEES

BICYCLE

BLUE SKY

BOATING

BREEZE

CAMPING
- FISHING

FLIES

FLOWERS

GARDENING

GOLF

GREEN GRASS

HAT

HIKING

HOLIDAYS

HOT

ICE CREAM
- JULY

JUNE

MOSQUITOES

NO SCHOOL

PICNIC

ROLLER BLADES

SANDALS

SKATEBOARD

SOCCER

SOLSTICE

SPRINKLERS
- SUNBURN

SUNGLASSES

SUNSCREEN

SUNSHINE

SUNTAN

SWEAT

SWIMMING

U V RAYS

WASPS

WATER FIGHTS

WATERMELON

Our Amazing Country The United States of America and a BIG Birthday!

By Andrea Joy Frankel-Bellitto

How blessed am I? I am alive to see history in the making! I am sitting in my condo, with a cup of coffee, at a computer, with a/c, able to write about the amazing celebration I was able to witness, on a big tv screen, after coming home from a Saturday night dance with a friend DJ Shonee, dancing and eating with friends. After all afternoon Shelly and I spent celebrating with that same DJ playing music and dancing and eating cake and cookies that my friend Barb baked and dancing with friends and my 86-year-old ex-husband whose birthday it was yesterday. Yes, ex! What can I say. LOL. Long story. FREEDOM!

The marvels that I saw last night was incredible. Thank you President Trump for giving this country the best birthday party ever! 851,000 fireworks. It was spectacular. If you missed it, I am really sorry. Plus, the music!!! Outstanding. The group of singers from every branch of military. Their voices incredible. I just cannot say enough! I was glued to the screen! Tens of thousands of wonderful American loving patriots on The Mall. Thousands of American Flags waving all over. My heart sung with joy. America The Beautiful, from sea to shining sea. No other country has God given the freedom to be able to be as caring and generous as we have in the 250 years since our birth. We have helped more countries than any other. WW1, WW11. We and Israel are the 1st ones in for all disasters. We save lives.

Our Founders ran from totalitarianism. A king. Aside from The Bible made the most wonderful documents in the world. The Constitution and Declaration of Independence. Documents that my family, and many families endured a very hard ship ride to come over to Ellis Island. Plus, a piece of cloth that never stopped flying. The bombs were bursting in air but our flag was still there! Old Glory! They came and they worked very hard. They came with very little. But built good lives for their families. They never took. They gave to our country. Once a president, JFK said “Don’t ask what your country can do for you, but what you can do for your country!” This should apply every day! What these people had here they could never have in “old country.” They loved and appreciated this country. Never to knock it down like we hear today. A shame.

We are NOT a perfect nation. Nothing except God is perfect. But we strive to be the best we can. We are AMERICAN. Now and forever. If that bothers you, you also have the freedom to leave, not like other countries that do not allow this. God bless her. Men fought and shed their blood for her. Those founding fathers knew they were facing certain death doing what they were doing, BUT those BRAVE men and women did it anyway because it was RIGHT! We should thank them every day! So, as I sit with my cup of coffee, in a condo that I own, (no communism here in the free state of Florida) I give thanks for what we celebrated yesterday and I probably will not be here, for 275, although, President Trump honored 3 men last night over 100 years old, God bless, wow! I hope my great grandson will be here and by the grace of God. My Country Tis of Thee, sweet land of liberty. LET FREEDOM RING and let THE FLAG FLY and never stop like in our national anthem. The Star Bangled Banner, by Francis Scott Key.

God bless America, God Bless all who serve, our troops, our 1st responders, our veterans, and medical people.

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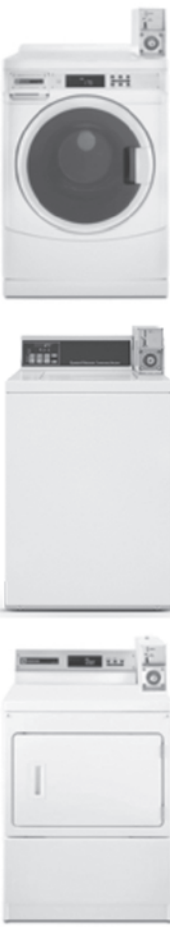
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What Legal Documents Are Most Important Now?

By Attorney Martin Zevin

The pandemic changed almost everything. But certain legal documents are more important than ever.

If you need to be hospitalized in Florida, it is imperative that you have a Designation of Health Care Surrogate and Living Will with proper wording so there will be no problems. Do not rely on generic forms obtained on line. Florida hospitals are requiring specific HIPAA compliant language not found on generic forms. Your Surrogate will be able to make medical decisions for you if you are unable to communicate. Even if the hospital does not allow any visitors, your Surrogate will be able to talk to the doctors and make decisions on the phone or e-mail. Your Surrogate does not need to be present in the hospital. All your Surrogate needs to do is e-mail or fax a copy of your document to the hospital. If there is no hope to save you, that Surrogate would be authorized to “pull the plug” based on the Living Will.

The Durable Power of Attorney is also important to allow someone to take over your legal and financial affairs. The Florida law changed in 2011. If you have an old Durable Power of Attorney, it should be redone. Again, do not rely on generic forms. Our current Power of Attorney is 26 pages to conform to Florida law.

If you are married, you still need to do a Health Care Surrogate, Living



Will and Power of Attorney. You can name your spouse, child or anyone that you trust.

If you should die, your Will or Revocable Living Trust will determine who inherits your assets. The Trust is important to consider if you own your home or other real estate, because it avoids Probate. Probate can tie up your property for many months and prevent your heirs from selling without a Court Order. They would have to continue to pay taxes, maintenance, mortgage, utilities etc. in addition to thousands of dollars in attorney fees and court costs. A Life Estate Deed (Lady Bird) is another option to consider to avoid probate. Your attorney can discuss the different

options and the benefits of each one.

I offer free phone consultations to discuss Estate Planning and protecting yourself if you are incapacitated. In these unsettling times, putting your house in order can provide peace of mind. Once you have valid documents, hopefully you won’t need them. Yogi Berra used to say: “That’s the insurance when you don’t have it, that’s when you need it.” Call me at 954-569-4878. My address is 3275 W. Hillsboro Blvd., Suite 204, Deerfield Beach, Florida 33442. My website is www.martinzevinpa.com and my e-mail address is martinzevin@netzero.com. See our ad on page 38.

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Doris Stein’s Wynmoor Story: Healthy Aging, Community, and Challenging Ageism

By Diana Guerrero-Cohen, Ph.D. and Hillel Cohen, Dr.PH, MPH.

The music begins, the room fills with energy, and 95-year-old Doris Stein is smiling as she joins her fellow participants in our Wynmoor Zumba class. Usually, two or three rows behind her, we see her move to the rhythm. But Doris is doing much more than exercising—she is celebrating life.

Recently, Doris received a surprise that reflected what keeps her coming back to class. On her 95th birthday, the instructor arrived with a giant birthday balloon, while classmates presented her with thoughtful gifts. It was a touching reminder that these classes have become much more than a place to exercise—they have become a community.

Doris describes Wynmoor’s fitness classes as a tremendous asset and appreciates that they are offered free to residents and led by instructors who prioritize participants’ well-being and safety.

For Doris, the classes strengthen both body and mind. They provide opportunities to socialize, feel connected, and meet people from many different countries. Fluent in Spanish, Doris especially enjoys practicing the language with classmates: *“Singing in Spanish with them gives me a feeling of oneness.”*

Staying active has helped Doris maintain both her independence and her positive outlook. For 20 years, she looked after her platonic companion, but he died six months ago and now Doris lives alone. She continues to do her own housekeeping, grocery shopping, and cooking, determined to remain independent. She also draws strength from the unconditional love and support of her son, Marc, and daughter-in-law, Eva, who live in New York. *“Happiness comes from family and the joy of sharing with them,”* she says.

Even routine errands become opportunities for connection. Doris enjoys taking the Wynmoor shopping bus because it allows her to chat with drivers and fellow passengers. Every Saturday, she walks to synagogue, where she enjoys spending time with members of the Jewish community. To Doris, every conversation strengthens her sense of belonging.

When asked how she feels after class, Doris doesn’t hesitate: *“I feel great! ...My mental energy level goes up because I feel part of something. I feel a sense of accomplishment and strength.”*

Her words reflect what health professionals have long recognized: exercise benefits not only the body but also emotional well-being, confidence, and resilience. Doris is living proof that physical activity and social connection help people thrive.

Just as importantly, Doris challenges one of society’s most persistent stereotypes—that growing older necessarily means becoming less capable, less engaged, or less valuable. By showing up, encouraging others, helping her neighbors, and embracing new experiences, she demonstrates what healthy aging can look like.

For those who struggle to find the motivation to exercise, Doris offers

simple advice: *“Just try it once. How you move doesn’t have to be perfect. There’s no grading, no judging. Exercise strengthens your muscles and your brain.”*

She also believes there is something uniquely uplifting about Zumba: *“Your whole body is filled with good feelings and happiness when you move along with the music.”*

Perhaps Doris’ greatest lesson has little to do with age and everything to do with attitude: *“We don’t need fancy things as we get older. We need positive energy and compassion for each other.”*

Life has not been without challenges. Despite limited financial resources, Doris attended night school, earned bachelor’s and master’s degrees, and became a successful educator. She loved teaching in Harlem, New York, but was forced to leave the career she cherished after surviving a nearly fatal hit-and-run car accident. Following brain surgery and extensive rehabilitation, she was left with lifelong symptoms of a traumatic brain injury. Yet Doris chooses to focus on gratitude: *“I got another chance in life—to give and continue to help others.”* More recently, she has experienced several falls, including one at home a few months ago that required three weeks of recovery before she returned to class.

Each setback has tested her determination, but none has diminished it. Her commitment to staying active has helped her recover and return to the people and activities she loves.

Doris’ story also reminds us why combating ageism matters. If we are fortunate, all of us will grow older. When that time comes, we will all want what Doris has found—a community that welcomes us, values us, and includes us. We all want to be treated with dignity and respect, rather than be overlooked, underestimated, or excluded simply because of our age. Let’s not forget that to a 20-year-old, those of us 55+ are *ooooooooold*.

Communities like Wynmoor can lead by example. When older adults are encouraged to stay active, build friendships, and share their wisdom and experiences, everyone benefits. Inclusion strengthens not only individuals but the entire community.

Doris’ story reminds us that healthy aging is about much more than adding years to life. It is about adding life to our years by finding purpose, embracing friendships, staying engaged, and refusing to let obstacles define us. She invites us to replace assumptions about aging with appreciation and to recognize older adults for their resilience, experience, and continuing contributions. In doing so, Doris reminds us that creating communities where people of every age feel seen, respected, and included is an investment in everyone’s future.

As the music plays and the class moves together, Doris is not thinking about the number attached to her age. She is thinking about the next step, the next smile, the next conversation, and the next opportunity to enjoy life.





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The King In The Field

By Diane Gottlieb

At sundown on the eve of August 12th, we will enter the Hebrew month of Elul, the last month of the Hebrew calendar (or sixth month, if counting from Nissan) and the month leading up to the High Holidays, Rosh Hashanah and Yom Kippur. Elul is a bridge, connecting the past year with the coming one. It provides the much-needed space to reflect on where we’ve been and where we’d like to go.

There are no holidays, festivals, or fast days in Elul. Instead, Elul is a month of spiritual preparation, turning inward, and repentance. It is known as the month of Divine Mercy and Forgiveness, and as such, it is the perfect time for Teshuvah—or returning to G-d.

There is, indeed, a special closeness to G-d that each of us can access at this time of year. The founder of Chabad Chassidism, Rabbi Schneur Zalman of Liadi, describes this auspicious time in a beautiful parable and through the metaphor of a king and his people:

During most of the year, a king can be found sitting in his royal palace in his capital city. Anyone who might wish to approach the king must first clear many prohibitive hurdles in order to gain the approval of a succession of secretaries and ministers—and that’s only after making the difficult journey to the capital city and ensuring he has the proper clothes and presentation fit for a meeting with the royal presence! There are times, however, when the king ventures forth from the castle and comes out to the fields. These are times with no gates and no dress codes. At such times, anyone can approach him—even the peasant, the farmer, the shepherd.

In this parable, it is G-d who is King, and it is during the month of Elul that He comes to meet us. G-d is present “in the field” of our everyday lives “with a smiling face and a radiant countenance.” Our task is to recognize His presence and respond to His call.

The shofar is blown every day in Elul, except on Shabbat and the day before Rosh Hashanah. Its blast is a wake-up call. The shofar reminds us that we can make changes for the better, and it is time to do so. It is up to us to make this upcoming year truly amazing. May we all do the work of Teshuvah — through prayer, Torah study, and tzedakah. May we all connect more deeply to the G-dliness of our souls.

Making your High Holiday plans? We, at Chabad of Coconut Creek, would

love to be a part of those plans!

Please join our warm and welcoming community on September 11th, Erev Rosh Hashanah, for our annual Holiday Dinner.

We’d love to see you at our Rosh Hashanah services on September 12th and 13th, beginning at 10:00 a.m. Blowing of the shofar will be at 11:30 a.m. on Sunday, September 13th. (Because the first day of Rosh Hashanah falls on Shabbat this year, there will be no blowing of the shofar on the 12th.) Yom Kippur services will begin with Kol Nidrei on the eve of September 20th followed by an evening service. Services begin on September 20th at 10:00 a.m.

And here is just a sample of other exciting offerings you’ll find at Chabad of Coconut Creek: Rebbetzin Leeba Ganzberg leads a lively, fascinating bi-monthly women’s study group. Join Rebbetzin Leeba for a deep dive into the week’s parsha and learn how to bring the lessons of Torah into your daily life. Alternate Wednesdays at 1:00 p.m.

Looking for warm and welcoming prayer services? We’ve got them! We’d love you to join us for our weekly Friday Night prayers.

Begin your Shabbat morning bright and early at Chabad of Coconut Creek with Rabbi Friedman’s enlightening discussion about the week’s parsha at 9:30 a.m. Services, beginning at 10:00 a.m., are followed by a hearty kiddush lunch, providing warm community connection in a welcoming family atmosphere.

And why not start your Sunday morning at 8:30 a.m. with Tefillin—complete with a Bagels Lox Breakfast!

Here’s one more offering that will help our greater community: If you are looking for a meaningful volunteer opportunity, the South Florida Jewish Academy is looking for you! We need volunteers to tutor our students who would benefit from some extra one-on-one tutoring in English, Hebrew, reading, or math. If interested, please reach out!

To help keep track of our exciting programming, we are also pleased to share our beautifully designed Jewish Community Calendars. If you haven’t yet received one, please let us know—we’ll be happy to provide you with a copy.

We look forward to greeting you soon—whether at a class, a service, or simply for a friendly visit!



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Sunday, September 13
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Followed by Holiday Lunch

YOM KIPPUR:
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Monday, September 21
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Tips on How to Prevent Caregiver Burnout

By Manohara Ferretti, MDiv., Stress Relief Specialist



Caregiving is no small task and a big responsibility. The National Alliance for Caregiving has reported that 1 in 4 primary caregivers spend more than 40 hours a week providing care. A caregiver’s role lasts on average four years. This time commitment combined with nursing tasks that many caregivers have no formal training in can lead to stress, fatigue and possible caregiver burnout.

What exactly is caregiver burnout? Caregiver burnout is defined as a state of exhaustion - physical, mental and emotional - that occurs over time and results from the high levels of stress a person may feel from the constant responsibility of caregiving often with insufficient support. Caregiver burnout is different from the temporary frustrations caring for a loved one can present, for example: making medical appointments, getting referrals, transportation issues, meal preparation, etc.

- Some warning signs that a primary caregiver is suffering from burnout are:**
- Their own health problems
 - Feeling depressed or anxious
 - Irritability or impatience
 - Poor sleep patterns
 - Weight loss or gain
 - Mental and physical fatigue without relief

If you’ve experienced some of these symptoms, it’s time to turn your focus on yourself and find ways to relieve stress, get support, and take care of your health issues.

You can avoid or alleviate the stress of caregiving by first accepting that you may be burning out and then putting yourself back into the equation. You cannot be effective for those you care for if you aren’t taking care of yourself.

Some ways you can alleviate the stress of caregiving and avoid burning out are:

Create a support system for yourself and your loved one.

Ask family and friends to pitch in a short time to help with the tasks of caregiving, while you take some time to focus on your needs: go see a movie, walk or get some exercise, meditate or just quietly read a book. Even with just a little help, you can create some much-needed time in your schedule to focus on yourself.

Take care of your own health.

It’s common for caregivers to neglect their own needs because they’re so busy taking care of their loved one. Guilt and an over-rated sense of responsibility to the loved one can be in the way of self-care. Your well-being is

equally important. Make sure you’re eating healthy foods and drinking plenty of water. Exercise regularly to relieve stress and improve cognition. Breathing deeply throughout the day can help you to stay centered and release built up tension in mind and body. Be sure to attend all your doctors’ appointments.

Get plenty of sleep.

Sleep helps your immune system, reduces your risk of depression, and can lower your blood pressure. If you have trouble sleeping, do some stress relieving exercises before bedtime such as yoga or simple stretches, take a stroll, reduce screen time, make a list for things to do the next day and then set that aside, breathe deeply and slowly for at least 10 minutes with eyes closed or listen to soothing music.

Learn some stress relieving techniques and practice them daily.

Mindfulness practice is a good way to tune into yourself. Try a simple body scan: breath into and out from each body part starting with the toes and working your way up to the top of the head. The body scan relieves tension both in the body and mind. And is a helpful tool for going to sleep.

Remember also to take deep breaths throughout the day and avoid breathing shallowly (which can exacerbate the stress response).

Qi Gong, mindful walking, and taking time away from your phone are also beneficial. Find what works for you and stick to it.

Speak to someone.

Beyond the everyday tasks they juggle, caregivers also must deal with a wide range of emotions... both their own and those of their loved one. You can find an online or in-person support group in your area. Look for a community of people uniquely qualified to offer suggestions, perspective, or just a sympathetic ear. Talking regularly to a licensed therapist is another option and can help you decide if your loved one could benefit more from senior living, especially if caregiving has become physically, emotionally and mentally too much for you.

Remember that caregiving can be rewarding but also a big challenge to the caregiver who must maintain the health and well-being of another as well as of themselves. Check in frequently with yourself - are you physically and mentally strong enough to perform the tasks you need to for your loved one? Do you need more help? Are you getting overwhelmed to the point where you lack clarity or are you so stressed that your health is affected? Know when it is time to act on your own behalf to relieve stress and avoid burning out. Your comments are welcomed. Please email me at smferretti@aol.com.



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EMOCRATIC CLUB

By Enid Wolf-Schein

On Tuesday, July 7th, the Democratic Club of Wynmoor gave residents the opportunity to meet four of the candidates running for nomination for the US House of Representatives in Florida’s 20th Congressional District: Luther Campbell, Dale Holness, Elijah Manley and Sheila Cherfilus McCormick. Each one was personable, thoughtful, bright and articulate. It was a pleasure to hear them speak and know that whoever was selected would do us proud – and we should also include Debby Wasserman Schultz, who spoke the preceding week, in that category. Meeting of candidates for various elected offices will continue starting at 2:00 p.m. on the first Tuesday of each month through to November 3rd – Election Day, meeting in the Country Club Ballroom. Lauren Book, running for State Senate will be speaking on September 1st.



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Your articles are welcome for submission in the **INSIDER Newspaper**. The **BEST** way to receive them is by email to: **wynmoorads@aol.com** as a word document in upper and lower case. You can also mail your article/s to **INSIDER News Group**, 8212 Half Dome Court, Boynton Beach, FL 33473.

When mailing articles they must be clearly written or typed in upper and lower case and have a contact number for questions (not for publication).

IT IS IMPORTANT that the information submitted is **TIMELY**. Please [watch dates!](#)

Your photos are welcomed as well! Attach it/them to the email or put them in the mail them with the article. If you want them returned, please enclose a self addressed - stamped envelope.

Our deadline is the 10th of the month preceding an issue. **Example: October 10th for the Nov. issue.**

If the 10th falls out on a weekend, we will extend the date to the following Monday.

All articles received after the deadline will go in the following issue.

Thank you,

the Insider News Group



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Happenings

Paper Tole Instruction

By Lenae Herman

I will be teaching Paper Tole in Wynmoor’s Art Room, Tuesdays from 1:00-3:00 p.m. Register in the recreation room M-W-F, from 2:00-4:00 p.m.

Limited seating! 5 sessions available, each 4 weeks! Join the fun, make new friends and learn superior paper tole skills.

I have been doing paper tole for over 37 years! Hope to see you!

Paper tole is addicting!

Wynmoor Plant Eaters Group

By Harold Kahn

The recently formed Wynmoor Plant Eaters Group had its second restaurant event on Wednesday, July 15th at *Jalsa Indian Modern Kitchen* in Coral Springs. Members had the opportunity to enjoy a delicious Indian plant-based meal of their choosing. Wynmoor Plant Eaters meets monthly, alternating informational and discussion meetings with plant-based potlucks and restaurant visits. For more information, contact Harold Kahn at haroldkahn@verizon.net.



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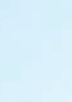
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AUGUST 16TH: ELI ARROYO

AUGUST 23RD: EDUARDO ESCALANTE

AUGUST 30TH: DJ JOSE GAITAN

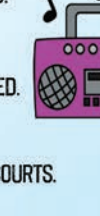
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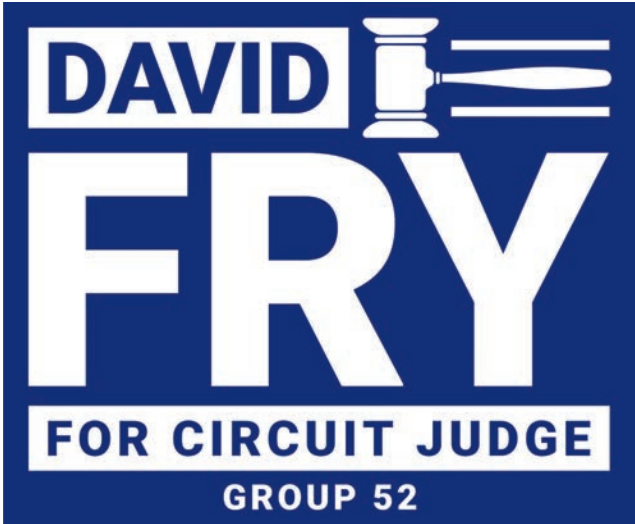


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 **Is your Vote-By-Mail request current?**

- Due to a new state law, if you have not requested your Vote-By-Mail ballot in 2026 you will need to submit a new request.



Paid by David Fry, non-partisan for Broward County Circuit Judge, Group 52.



Are You Living With, Or Worried About Someone Suffering With Chronic Back Pain?

By Leading Back Pain Expert, Todd James

Do you, or someone you love, suffer with back pain? Does the pain get worse when you stand or walk? Do you experience pain, numbness or tingling into your butt or down your leg? Do you have pain when you sit for long periods or drive? Are you afraid your pain will get worse if you don't do anything about it? Has the pain gotten so bad, that you avoid many activities that you used to enjoy?

If you are 55+ and answered **YES** to any of these questions, then please read on because I have some special information about relief of your back pain.

It's a shame so many people think their options for dealing with back pain are rest, pain killers, or maybe worse, injections or even surgery. Often these solutions are only

temporary, because they don't address the true cause of your back pain, but just mask the symptoms. Others believe there is nothing that can be done, and they will just have to suffer through the pain.

If you or someone you love is experiencing back pain and are wondering if you are doing the right things for your back, I would like to offer a free guide I have created to answer those questions. In this guide, **Erasing Back Pain: How to Avoid the 9 Most Painful Mistakes and What You Should Be Doing Instead**, you will find information about what will not help ease your back pain and how to make the right choices to get you out of back pain and on the road to enjoying an active, healthy lifestyle again.

I'm Todd James, Physical Therapist and I have been helping 1000s of people 55+ over the last 2

decades find quick, natural, long lasting relief from back pain. I've put together this guide because in easing your back pain it's not just about doing the right things, but also about avoiding the wrong things. When you choose the right path, your recovery from back pain will be much more effective.

If you are currently held back from getting a good night's sleep, being able to walk with friends, getting out on the golf course, or playing with the grand-kids, I invite you to visit www.coonutcreektherapy.com/backpain to claim your free guide. If you prefer, give us a call at **954-972-1200** and we'll be happy to assist you.

Don't let back pain take the joy out of your life. Get started on your path to a pain free active life!

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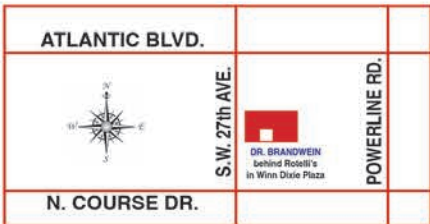
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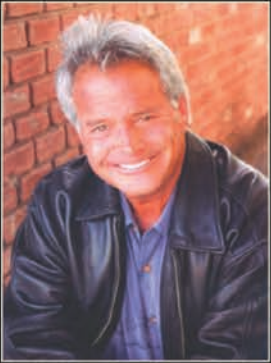


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Song Sung Blue
2 hours, 13 minutes

Tuesday, July 28th at 2 PM* & 7:30 PM
Sunday, August 2nd at 7:30 PM*

* (Open Caption)

Starring Hugh Jackman, Kate Hudson and Ella Anderson. Lightning and Thunder, a Milwaukee husband and wife Neil Diamond tribute act, experience soaring success and devastating heartbreak in their musical journey together. **Rated PG-13 for thematic material, some strong language, some sexual material and brief drug use. Docudrama, Romance.**



The Death of Robin Hood
2 hours, 3 minutes

Tuesday, August 4th at 2 PM* & 7:30 PM
Sunday, August 9th at 7:30 PM*

* (Open Caption)

Starring Hugh Jackman, Jodie Comer and Bill Skarsgard. Grappling with his past after a life of crime and murder, Robin Hood finds himself gravely injured after a battle he thought would be his last. In the hands of a mysterious woman, he is offered a chance at salvation. **Rated R for strong bloody violence. Period Drama.**



Is This Thing On?
2 hours, 1 minute

Tuesday, August 11th at 2 PM* & 7:30 PM
Sunday, August 16th at 7:30 PM*

* (Open Caption)

Starring Will Arnett, Laura Dern and Andra Day. As their marriage unravels, Alex faces middle age and divorce, seeking new purpose in the New York comedy scene. Meanwhile, his wife Tess confronts sacrifices made for their family, forcing them to navigate co-parenting and identities. **Rated R for language throughout, sexual references and some drug use. Comedy, Drama.**



Unforgiven
2 hour, 11 minutes

Tuesday, August 18th at 2 PM* & 7:30 PM
Sunday, August 23rd at 7:30 PM*

* (Open Caption)

Starring Clint Eastwood, Gene Hackman, and Morgan Freeman. Retired Old West gunslinger Will Munny reluctantly takes on one last job to avenge an injustice with the help of his old partner and a young would-be gunman calling himself "The Schofield Kid". **Rated R for language, and violence, and for a scene of sexuality. Western Thriller.**



Michael
2 hours, 7 minutes

Tuesday, August 25th at 2 PM* & 7:30 PM
Sunday, August 30th at 7:30 PM*

* (Open Caption)

Starring Jaafar Jackson, Nia Long and Colman Domingo. The early life of musician Michael Jackson, from the discovery of his talent as the lead of the Jackson Five to the artist whose creative ambition fueled a pursuit to become the biggest entertainer in the world. **Rated PG-13 for some thematic material, language, and smoking. Docudrama, Musical**

 EMOCRATIC CLUB

By Enid Wolf-Schein

Anyone who has any question about interesting things happening at Wynmoor Village this past few months has not been paying attention to the “A List” speakers that have been coming to the Wynmoor Democratic Club meetings; all of which are open to all Wynmoor residents. On the evening of Sunday, June 28th the speaker was Debbie Wasserman Schultz, U.S. Representative for Florida’s 25th District for 20 years, currently seeking nomination from the 20th District.

A large and attentive audience had the privilege of hearing directly about happenings related to our wellbeing, not only in Washington but right here in Florida. Debbie was not only articulate but friendly. She visited every table, gave an inspiring speech and was able to respond to a series of questions from the audience. In addition, the audience was treated to a dinner of pizza, drinks and delicious dessert complements of her campaign.



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Protecting Broward County: BSO's Investigative Divisions

By Sheriff Gregory Tony

Today's criminal threats are more complex and sophisticated than ever, requiring a public safety strategy built upon innovation and intelligence. At the Broward Sheriff's Office (BSO), our investigative divisions work around the clock to solve complex cases and hold offenders accountable.

When the most serious threats to life and public safety occur, the detectives of BSO's Criminal Investigations Division (CID) respond with expertise to investigate violent crimes, homicides, robberies and cases involving missing or vulnerable individuals. Detectives use advanced technologies, including cellular tracking, social media monitoring tools and statewide alerts, to locate missing persons, identify offenders and support investigations.

The division also features specialized investigators dedicated to cold cases. In 2019, I established the Cold Case Unit to advance public safety and deliver justice by bringing renewed focus to unsolved cases dating back to 1963. Detectives in this unit collaborate with BSO's Crime Laboratory to use advanced forensic techniques, including forensic genealogy and family tree analysis, to generate leads, solve decades-old crimes and provide long-awaited answers for victims and their families. Since its inception, the unit has closed 29 homicide and sexual battery cold cases and is currently investigating 38 additional cases. Last year, the unit's partnership with the Crime Lab included forensic analysis of evidence from 17 cases, generating new investigative leads.

The success of these investigations relies heavily on the evidence analyzed by BSO's Crime Laboratory. The Crime Lab provides vital forensic services for every law enforcement agency in Broward County, analyzing



DNA, firearms, fingerprints, toxicology and other critical evidence. By delivering accurate scientific evidence, the lab strengthens investigations across our community and has become the first crime laboratory in the nation to earn international accreditation.

In some cases, local crimes can evolve into multi-jurisdictional threats. BSO's Strategic Investigations Division (SID) works proactively to disrupt and dismantle criminal networks through robust partnerships with municipal, state and federal agencies. Detectives target organized crime, narcotics trafficking, gang activity and financial schemes through intelligence-led policing and digital forensics. Last year, detectives seized thousands of

pounds of illegal narcotics, recovered more than \$700,000 in illicit funds and conducted more than 1,200 digital examinations to uncover critical evidence.

Protecting our kids from modern threats is one of BSO's highest priorities. BSO's Internet Crimes Against Children (ICAC) Unit investigates online child exploitation, internet enticement and the production, possession and distribution of child sexual abuse material. BSO serves as the ICAC South Florida Task Force leader and analyzed more than 23,400 CyberTip reports last fiscal year, helping identify and prosecute offenders involved in child exploitation and human trafficking.

While the work of these dedicated professionals may not always be visible, their impact is vast. Their expertise strengthens public safety and helps protect the more than two million residents across Broward County. Learn more about the work and impact of BSO's investigative divisions by reading the 2024-2025 Annual Report at <https://www.sheriff.org/sherifftony/report/>.

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By Linda Sue Lewis-Moors

WLGA (Wynmoor Ladies Golf Association) continues regular league play on Tuesday mornings. A variety of special fun tournaments keep members engaged and smiling.

A new **co-ed** activity initiated and hosted by WGA in June featured a scramble and pizza event. Combined foursomes of WGA and WLGA members enjoyed friendly competition followed by a delicious pizza lunch. Winners, at three under, were Tony Adamo, Karen Beckman, Jane Dufresne, and Jamie Mitchell. Tied for second place, at two under, were Lionel Amos, Stan Cohen, and Lois Tyman and Steve DeMatties, Dave Levine, Ellen Graciella, and JoJo Battista.

WLGA welcomes both nine-hole and 18-hole women golfers. For more information, please contact league president **Karen Beckman** at **262-374-2672**.



🌸 Congratulations to **Carol Fouts**, who shot a 66 on Tuesday, June 16th. 🌸



Pictured above are jubilant WLGA members celebrating birdies. Love that “birdie juice!”



By Nathalie Carlson





The WGA/WLGA Pizza Scramble was a huge success! Above photos are from the event.



The men are continuing to have their weekly tournaments. Twenty participants must sign up to make this happen. The heat is almost unbearable so either play early morning or late afternoon and please stay hydrated!



Don't forget our Hutchinson Island Getaway in October. It will be here before you know it. More info to come in the upcoming weeks.



The WGA will hold their next General Membership Meeting on **September 16th** at **7:30 p.m.** in the West Wing. Please plan on attending there will be a lot to catch up on.



For more info on joining or playing in tournaments please contact **John Railey** at **917-763-7398** or **Mike Ramati** at **954-654-2648**.

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No guests under age 15 permitted.

For more information, call the Box Office at (954) 978-2629.



SEASON *LINE-UP*

NOVEMBER 2026

Nov. 7	\$20	Barry Manilow Tribute — Barely Manilow	8:00 PM
Nov. 14	\$25	Hall and Oats Tribute — H2O	8:00 PM
Nov. 21	\$20	Paul Anka Tribute — Lou Gazzara	8:00 PM
Nov. 28	\$25	Neil Diamond Tribute — Rob Garrett	8:00 PM

DECEMBER 2026

Dec. 5	\$22	The Comedy of Jim Barber & Friends	8:00 PM
Dec. 12	\$28	Leslie Macdonel — Women of Rock	8:00 PM
Dec. 19	\$22	The Dreamboats 50s and 60s hits	8:00 PM
Dec. 26	\$28	Soundtrack of our Lives	8:00 PM

JANUARY 2027

Jan. 2	\$26	Carole King Tribute — Tapestry	8:00 PM
Jan. 9	\$30	Shanghai Circus	8:00 PM
Jan. 16	\$24	Billy Joel Tribute — Turnstiles	8:00 PM
Jan. 23	\$26	Queen Tribute — Queen Flash	8:00 PM
Jan. 30	\$30	Journals of Adam and Eve starring Hal Linden & Sally Struthers	8:00 PM

FEBRUARY 2027

Feb. 6	\$22	Motown Tribute by The Jewel Tones	8:00 PM
Feb. 13	\$30	Dance Alive National Ballet	8:00 PM
Feb. 20	\$22	U.S. Bee Gees	8:00 PM
Feb. 27	\$22	La Bamba by Sting Ray Anthony	8:00 PM

MARCH 2027

Mar. 6	\$25	Elements - Earth Wind and Fire Tribute	8:00 PM
Mar. 13	\$28	Cher Tribute — Annika Starander Weaver	8:00 PM
Mar. 20	\$30	Carolina Troubadours	8:00 PM
Mar. 27	\$28	I Am What I Am - Jayne Curry	8:00 PM

APRIL 2027

Apr. 3	\$22	Groovin' - A Tribute to the Rascals	8:00 PM
Apr. 10	\$25	Can't Get Next to You — A Temptations Experience	8:00 PM
Apr. 17	\$25	Rhythm is Gonna Get You	8:00 PM
Apr. 24	\$25	Rocky and the Rollers	8:00 PM

Clubs and Activities

All Wynmoor Clubs (regardless of name) are open to Wynmoor residents. Dues may be applicable. To publish your club info here, please email your submission to: wynmoorads@aol.com. The deadline is the 10th of the month, for the next month’s issue. Thank you in advance! Please contact the Club President for more information.

Belly Dance Club

By Stephanie Davis

The Belly Dance Club had a very successful season. Susan Baladi, the club’s president and teacher has provided the club with her passion to dance, teach and be creative. The club has a renewed vibrancy and many new participants. Susan will be away until November and there will be no club sessions until then. For questions or information call Susan at 954-439-0313.

Ben’s Friends Art Club

By Enid Wolf-Schein

Ben’s Friends is a friendly group of people who like to draw and paint in a studio for the camaraderie and support from fellow creators. Everyone at Wynmoor is welcome to join. Dues are very reasonable and we have frequent brunch get togethers where you get time to talk to your new and old friends. We meet every Saturday morning in the Art Studio in the Country Club. For more information contact President Rene at 954-933-7755.

Billiard & Pool Club

By Bob Horowitz

Have A/C indoor fun and meet new friends! Players of all skill levels are welcome. The Room is open 7 days a week from 8:00 a.m. to 11:00 p.m. All residents and their guests* are welcome to play at the Wynmoor Billiards and Pool Room located in the Wynmoor Country Club building, next to the library. Boasting 14 tournament grade regulation size pool tables, 4 heated - 3 cushion billiard tables, and one regulation snooker table. This Pool & Billiard Room has been called the best Pool, Billiard, and Snooker venue, public or private, in all South Florida. Please have your Wynmoor I.D. with you. *Guests must be registered at the Recreation Department, or with the guard at the Clubhouse, or must be accompanied by a resident. Wynmoor residents can join the Wynmoor Billiards and Pool Club to participate in additional fun events. Past events included Karaoke Night, Comedy Club Night, Group BBQ & Dance, Picnic at *the Cove* with live music, Club Pool & Billiard Tournaments, and other social events for couples and singles. The cost to join the Wynmoor Billiard and Pool Club is \$10 per year. FREE POOL LESSONS: Put your name / phone # / Address on an envelope requesting lessons in the lockbox in the room or e-mail Wynmoorpoolclub@gmail.com.

Bocce Ball Club

By Jim Erickson

Calling All New Players! The Bocce Ball Club led by Jim Erickson is looking for new members to join the fun! Here’s what you need to know:

- Two Player Groups: Choose the schedule that fits you best!
- Early Birds play Monday through Sunday from 7:30 - 10:00 a.m.
- Mid-Morning Group play Mondays and Saturdays from 10:00 a.m. - 12:00 p.m.
- Affordable Dues: Membership is only \$10 per year!
- Skill Level: All are welcome, regardless of experience.

It’s a wonderful way to enjoy some fresh air, gentle exercise, and great company. Whether you’re a complete beginner or have played before, you’ll find a friendly group ready to welcome you. Give us a call and come see what makes our bocce club so enjoyable. Ready to join? Contact Jim Erickson at 954-400-9302 for more information.

Bookies

By Sharon Curtis

We are fortunate to have a very active book group. Here is our upcoming lineup: August 4th *The Berry Pickers* by Amanda Peters, September 1st *Into The Magic Shop* by James R. Doty MD, October 6th *Theo of Golden* by Allen Levi, November 3rd *March* by Geraldine Brooks, December 1st *The Lake Effect* by Cynthia D’Aprix Sweeney. Meetings are held the first Tuesday of the month at 3:00 p.m. in the Sunrise Room in the East Wing of the Wynmoor Theater. Join us for an afternoon of lively discussion along with fun and laughter. We welcome all book lovers.

For more information email, scwine101@gmail.com. Please include your phone number.

Bridge Club

By Joan Friess

The Wynmoor Duplicate Bridge Club meetings every week at 12:15 p.m. on Tuesdays and Fridays is going strong with new members joining and a good number of tables each time we play. Bob Buchner is now giving bridge lessons to members every Tuesday starting at 11:30 a.m. - 12:15 p.m. We’re looking forward to seeing you at bridge.

Ceramics Club

By Tamara Tresniowski

Summer heat has arrived and our club offers a great place to cool off and is a wonderful place to be creative and meet new friends. Come in and sign up for our 4-session new member class. We have hundreds of molds to choose from all at prices from \$1 to \$3, that make wonderful gifts. Our new member class is \$40, and you get lessons and a set of paints and tools to get your journey started. Dues are \$15. Our club is located at the clubhouse, and our new hours are Monday through Thursday from 9:00 a.m. - 12:00 p.m. Come check us out!

Chess Club

Plays Every Tuesday Evening

By Hillel Cohen

It’s summer. It’s hot. But Chess is cool. Chess has had a rebirth of popularity, with online tournaments, blogs and even Netflix dramas. Don’t miss out. The Chess Club meets every **Tuesday evening** from 6:30 to about 9:30 p.m. in Card Room 1 at the clubhouse. It’s indoors and, yes, **air-conditioned**, so we will be getting together all summer long, no matter the weather, unless of course there is a hurricane going on. If you have played at the club before, come back and meet some of the new players. If you haven’t participated before, what are you waiting for? Perhaps you haven’t played since high school and you’re wondering if you remember enough? We hear that a lot, because most of us hadn’t played in years. So, stop wondering and start playing and you’ll be surprised how quickly it will come back. The Wynmoor Chess Club welcomes all players at all levels. If you play online or against a computer, come and experience the difference of face-to-face play. There are no dues and no fees. Chess sets are provided. Games are casual and relaxed. No one’s keeping score or rankings. The point is to have a pleasant time while exercising our brains.

Clay Sculpture Club

By Sandy Werner

We are a mature community at Wynmoor; our art is a statement of our time. We love what we do, and the atmosphere in our studio is welcoming. We play music, we teach each other, we laugh and we learn together. Please join us. We are active all year, even during the summer months. Call John Laurenzano at 954-798-7509 for information about our summer schedule.

Conservative Club of Wynmoor

By Andrea Joy Frankel-Bellitto

Welcomes all its patriots back after a very hot summer.

We are really starting off with a jammed packed guest list. It is labeled: For Our Kids! School Board Member Adam Cervera • An advocate for academic excellence. He is a local man graduating from Taravella HS in CS. He earned his bachelor’s in political science from UCF, and his Juris Doctor from Florida International University College of Law. He is an accomplished attorney. While at FIU he was deeply involved with child advocacy work through the Juvenile Justice and Education Advocacy Clinics. He represented Special needs students and at-risk students as well. His resume is extensive and quite impressive. As a member of the school board, Adam is committed to ensure every student has the opportunity to succeed and has they and their family have a voice. Dr. Shari Kimmel • Kimmel is a distinguished educator and community leader whose career spans over 3 decades. Kimmel also has a doctorate Degree in Child, Youth and Family Studies from Nova Southern University. She also holds a bachelor’s degree in political science and a Master’s in secondary education from The University of Miami. Her teaching career began in Dade County before she moved to Broward where she was named Teacher of The Year! For the past 22 years she has served as Professor of Teachers Education

Clubs and Activities

at Broward College. Her resume is so extensive I cannot possibly put it all in here. Her work with children is very impressive.

Noah Witherspoon • Noah is a 17-year-old editor and author for the The Western Journal. He has appeared on OAN, The Joyce Kaufman Radio Show, and he has spoken at most Republican clubs across Broward County.

Noah is currently working very closely with candidates and clubs’ behinds the scenes to ensure that inter-political interests are protected, and he served as the youngest member of the CFC Candidate Questioning Committee in its 20+ year history, at just 17.

Yoni Anijar • Yoni is running for State Representative in District 100. He is looking to replace Chip LaMarca’s seat. He fights for family values, public safety, and all-around conservative values.

You have heard of Anijar and Levine!
September 15th - 7:00 p.m. - Wynmoor Clubhouse Ballroom A - Refreshments will be provided.
Guests are \$5 and yearly membership dues are \$15.

Current Events

By Susan Myers

Please join us each week as we discuss various topics of interest to Wynmoor residents who get together every Tuesday morning from 10:00 - 11:30 a.m. in Card Room 1 within the Country Club area. Topics vary depending on the needs of the individual speaking. We begin each meeting with news related to Wynmoor management issues based on their most recent meetings. Following each meeting, we often get together for lunch. You are always welcome!

Call David Behr at 954-975-9191 and Susan Myers at 954-933-7743.

Democratic Club

By Alan Weiner, President

It has been a very busy summer, and the momentum continues to build. Politics doesn’t take the summer off, and neither do we. The Wynmoor Democratic Club remains committed to keeping our members informed and engaged with the issues, candidates, and events shaping our community.

First, I’d like to thank everyone who attended our outstanding July meeting. We were honored to welcome four candidates seeking your support: Dale Holness, Luther Campbell, Elijah Manley, and Sheila Cherfilus-McCormick. We appreciate each of them for taking the time to meet with our members, and we wish them the very best in their campaigns.

Our August meeting is shaping up to be another exceptional event, featuring a mix of community leaders and candidates running for office. We expect a great turnout for what promises to be an informative and exciting afternoon.

Tuesday, August 4, 2026 doors open at 1:30 p.m. and the Program begins at 2:00 p.m. Guests: \$5 admission.

Lunch with Lauren Book, Candidate for State Senator on Tuesday, September 1, 2026. Lunch begins at 12:00 noon. Lunch will be provided by the Lauren Book campaign. Reservations are required by August 24, 2026. Text only: 954-532-4887.

Save the Date – The BIG BLUE BASH! Get ready for one of the biggest events of the year! Join us for an evening of dancing, music, line dancing, a silent auction, and an opportunity to meet many of the candidates as they make their final push before Election Day. Wednesday, October 28, 2026 in the Grand Ballroom from 6:00 - 10:00 p.m. Beverages: BYOB (Water and coffee will be provided.) Reservations: Text only to 954-531-4887. Bring your wallet for our silent auction! Every bid helps support the Wynmoor Democratic Club and our mission. Additional details will be announced soon. This is going to be a night to remember!

We look forward to seeing you at these exciting events as we continue working together to make a difference.

Drawing and Painting Club

By Beatrice Horowitz

Club members gather on Wednesday afternoons from 1:00 - 4:00 p.m. in the Clubhouse art studio to work on their art, socialize and exchange ideas. We run year-round and welcome new members anytime. Dues are \$10 a year, small lockers are available for active members on a first come first serve basis. Stop by or contact beatrice.horowitz@gmail.com.

Fishing Club

By Paul Villano

While there are no formal meetings in the off season, members stay in touch on WhatsApp and the club fishes all year round. Regular club meetings don’t pick up again until December of 2026. If you would like to learn more

about the club you can email us at fishingclubwynmoor@yahoo.com or text Paul at 516-526-5313.

Fun With Friends 2

By Benjamin Zoe

Renewal for our May 2026 to April 2027 season memberships has commenced. Please log on to our website to renew your membership. Our next dance will be on Sunday, August 16th and will feature Private Stock. Dance registrations will ONLY be made available via our website <https://wynmoorfwf2.com/> beginning on August 2nd. Please use the website to purchase memberships and tickets.

PRIVATE STOCK BAND



PRIVATE STOCK is an upscale South Floridian band playing 50’s, 60’s, 70’s, 80’s and 90’s dance hits as well as the most popular Latin dance tunes. PRIVATE STOCK has been featured at Galuppi’s, the Hard Rock Casino, The Naples Ritz Carlton and other top Floridian venues.

Seating purchases will be sold on a first come, first served basis. The cost to attend is \$10 for members and \$20 for non-members. NO TICKETS WILL BE SOLD AFTER AUGUST 11th.

Membership does not guarantee dance admission due to the Ballroom’s legal occupancy limits.

For all other information email admin@wynmoorfwf2.com

Glass Kiln Club

By Vicki Mitchell

New members are trained at the beginning of each season by club President Oreet Fagen, and there is much to learn! Selecting your glass, cutting it, grinding it, tacking or fusing it, and selecting your mold to slump it are some of the steps in creating the beautiful works that result from these efforts. Jewelry, bowls, dishes, serving pieces, candle holders, night lights, ocean waves, village scenes and free form sculptures are just some of the creative pieces being produced. We also have the chance to learn new techniques and get new ideas from Oreet at the beginning of each season. The club has monthly breakfast meetings and participates in the Art Walk and upcoming Art Show. Club officers, in addition to President Oreet Fagen, include Vice-president Sharon Schultz, Treasurer Lenny Fagen, and Secretary Judy Platt.

Health and Wellness Club

By Hope Myers

Membership for the year is \$10. Guest fee per meeting is \$5. For more information, please call Hope Myers, President, at 954-971-9538.

Mah Jongg Club

By Judy Palma

For more information, please contact Judy Palma at 609-577-5946 or Nancy Smith at 954-610-1539, or send an email to nancylsmith1021@gmail.com.

Monday Night Dance and Social Club

By Tamara Tresniowski

JUST DANCE...Summertime is here and our Monday Night Dance continues. July and August we dance free all summer long. There will be no refreshments, no coffee and no lesson JUST LOTS OF FUN DANCING. FREE, just show your membership card to come in and dance free. If you lost your membership card, you can buy a new one at the dance for \$2. Times are the same 6:30 to 9:30 p.m. in the ballroom. Guests are \$2. So, get out of the heat and join us dancing the night away.

Nature And Arts Club

By Linda Storfer

To better serve our members and meet the needs of our rapidly expanding group, we are putting out the call for more people to volunteer with our club. There are still some board positions and committee openings. If you have a few spare hours to join us and help with the daily operations of this group, we’d love to hear from you. Please do not hesitate to contact us at wynmoornatureandartsclub1@gmail.com. Remember, “it takes a village to raise a child” and Wynmoor is a village that is sponsoring wonderful events for its residents, and you can become an active participant in this process.

Continued from page 57

Clubs and Activities

Wishing everyone a safe, healthy, and productive summer and looking forward to seeing you next Fall.

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Needlework Click

By Myrna Berger

Looking for a nice cool retreat to beat some of the August heat? Come to West Wing 1 (with the stage) August 11th and 25th, from 1:00 to 4:00 pm. Bring your needlework projects for questions or help from our variety of artisan needlework members, or just to show off what you are creating. All members are willing to assist and answer questions regarding your projects. If you would like to make an item to donate to our many charities, we will gladly give you yarn, needles and patterns free to work with. Much of our yarn inventory is available for private use by members giving a monetary donation back to the club. Coffee, tea and goodies are always available, donated or baked by our members. To donate yarn and/or needlework notions, please call President Barbara Billelo at 908-239-0010. Our club meets all year long and does not have membership dues. Hope to meet you soon.

.....

Night Tennis

By Jo Ann Perreault

The Night Tennis program has been run for 16 years under the guidance of Jo Ann Perreault and Dennis Levans. Every Monday, Tuesday, and Thursday nights from 6:30 - 8:00 p.m., with a warmup period beginning at 6:15 p.m., they shepherd players to a good time.

Monday and Tuesday fee of a dollar is requested, no charge on Thursdays. The money collected is used to purchase balls, so they always play with new balls, and the surplus funds are used for pizza parties.

The required skill level is 3.0 – meaning being able to serve, and return serve effectively and to maintain one’s part in a rally. If this describes your ability, please come, and join the players for exercise and socializing under the lights.

.....

Photography Club

By Jennifer James

The dog days of summer are here. Hopefully, you are still capturing images, despite sweat in your eyes, when something interesting catches your attention. Our remaining themes are August: Night Photography, September: Storytelling, October: Favorite People/Pets and November: Water Scenes.

If you have a passion for taking photos and wish to improve your skills with your camera/cell phone while meeting like-minded people, then the Photography Club is for you! Dues are only \$10 for individuals/\$15 for couples (free first meeting). Our upcoming season will feature guest speakers, instructional lessons, and showing off your photos at club meetings. We will also have occasional field trips to hone your skills. Our season resumes on November 18th, with meetings from 3:00 – 5:00 p.m. the first and third Wednesdays monthly until April. I can be reached at jenjamesphoto@aol.com or 917-359-7181.

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Pickleball Club

By Susan Barbini

Great turnout, great energy, and lots of fun play. Thank you to everyone who continues to show up and make our group such a welcoming community. The past tournaments have been great fun! Not to mention the epic themed dances we have had... complete with great food & awesome music!

Hats, tees, tanks, and visors have been popular this month. It’s been wonderful seeing so many of you wearing PCW colors. More items will be available soon.

Your support and enthusiasm keep this community thriving. Looking forward to another great month together.

.....

Pottery Club

By Edwin Meyer

The Pottery Club continues to evolve. We have implemented a system to have membership be a larger part of our management and decision making along with the Board. For example, our first post-Covid graduates among other newbies have become so proficient in their area of interest that the students have now become the teachers and suggested we begin monthly reviews of basic techniques depending on need for members who for no fault of their own have been unable to develop their skills. We now offer monthly reviews of basic techniques which are also a plus for returning snowbirds.

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Join a Club ~ Bring A Friend!

Stone Carving Club

By Gil Savitzky

We welcome new members with previous skills or those who have never carved stone. Please contact Gil Savitzky at 516-318-7272 or Loetita Capeloto at 954-895-3145.

Please stop by any Wednesday between 1:00 - 4:00 p.m. and see first-hand how this is done. Looking forward to seeing you.

.....

US Club

By Ceil Eitman

If you would like to volunteer, we welcome you. For questions and to join the club, please contact Ceil Eitman, President: 973-513-1591.

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WGA

By Nathalie Carlson

Our ever-popular Hutchinson Island Getaway is in the works. The dates are October 27th through October 29th with the option of coming up on October 26th for an additional charge. See below for prices per occupants, plus all the extras that are included. Two Golfers \$895, Two in a room: one golfer and one non-golfer \$795, Two non-golfers \$695, Single golfer non-sharing \$675, Single non-golfer non-sharing \$575. Package includes: accommodations for two nights, two rounds of golf on the Executive Court, golf cart and storage, two continental breakfasts TBD, two sit-down dinners in private dining room and terrace, cocktail party, dancing, taxes and gratuities, beach chairs and umbrellas, Overnight parking for 2 nights, pools, tennis courts, 5 minute complimentary tram ride to golf course and beach, tram runs every 20 minutes. All hotel rooms include balconies, refrigerators, microwaves, and coffee makers. Beautifully renovated!

Resort is 78 miles from Wynmoor. You can view the resort on www.hutchinsonislandmarriott.com. Deposit required \$100 per person, checks payable to WGA. Final payment by September 30, 2026. Monday, October 26th optional, additional (on your own) \$185 + tax. A signup sheet is in the Pro Shop. If interested, please sign up early to reserve your spot. Always a good time. If you have any questions, please contact Jackie or John Railey at 917-671-7296.

The Men’s League will still have their regular Thursday tournaments through the summer. Please sign up if you plan on playing. At least 20 players need to sign up for a tournament to be played.

Have a wonderful summer. Stay healthy and hydrated. We will see you back this Fall for more fun and excitement!!

Our next WGA General Membership Meeting will be held on September 16th at 7:30 p.m. in the West Wing. Please plan on attending to catch up on all the happenings on the golf course!

For more information about the WGA or questions about the tournaments please contact John Railey at 917-763-7398 or Mike Ramati at 954-654-2648.

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WLGA

By Linda Sue Lewis-Moors

Ladies league members anticipate enjoyable and challenging play each Tuesday morning and are planning several special events this summer. For information about WLGA, please contact league president Karen Beckman at 262-374-2672.

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Women’s Pool Group “The MsCues”

By Bob Horowitz

Have fun and meet new friends! Players of all skill levels are welcome. We meet every Tuesday from 3:00 - 5:00 p.m. at the A/C indoor Wynmoor Billiard and Pool Room located in the Wynmoor Country Club, next to the library. Please have your Wynmoor I.D. with you.

MsCues Members are members of the Wynmoor Billiards and Pool Club and can participate in additional fun events. Past events included Karaoke Night, Comedy Club Night, Group BBQ & Dance, Picnic at the Cove with live music, Club Pool & Billiard Tournaments, and other social events for couples and singles.



Clubs and Activities

Any questions about the MsCues contact Carol at cas242@hotmail.com or call 978-979-1681. The cost to join the Wynmoor Billiard and Pool Club is \$10 per year.

FREE POOL LESSONS: Put your name / phone # / Address on an envelope requesting lessons in the lockbox in the room or e-mail Wynmoorpoolclub@gmail.com.

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Woodworking Club

By Ernie Fleury

The Wynmoor Woodworking Club is open 7 days a week from 9:00 a.m. to about 4:00 p.m. We are located at the east end of the Clubhouse. There is a club officer present daily and inquires can be addressed by most members present at that time.

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Writers’ Workshop

By Dr. Judy (Willow) Weissman

“On this cool summer day, I write ...”

It may not really be cool, but it is “cool” to be part of the Writer’s Workshop, where you will receive feedback, encouragement, and inspiration. Check your temperature for interest, commitment, and compatibility, by sending an email to Club President, Nancy Heller Moskowitz at laughlady55@aol.com.

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Wynmoor Hadassah

By Judy Goldman

Hi Friends,

Wynmoor Hadassah is having a wonderful summer! Our Healthy Living Market and August Card Party were both great successes. Thank you to everyone who participated and helped make these events so enjoyable.

Rosh Hashanah begins at sunset on Friday, September 11th. Yom Kippur begins at sunset on September 20th. In observance of the High Holy Days, Wynmoor Hadassah will not hold a regular general meeting in September. We wish everyone a very Healthy, Happy and Sweet New Year!

Our first general Hadassah meeting will take place on Wednesday, October 7th in the West Wing. Going forward, our general meetings will be the first Wednesday of each month.

Although it’s a little early, please mark your calendars for April 14, 2027, when Wynmoor Hadassah will be having our first Women’s Seder. If you’re planning to go back up North, you may want to consider leaving after our seder. We hope that you’ll join us for this special event.

Need to send Condolence or Simcha cards? Please call Bernice Riback at 954-864-0322. Bernice has a new selection of cards and certificates available.

.....

Wynmoor Short Film Festival

By Enid Wolf-Schein

The Wynmoor Short Film Festival is scheduled for the Spring (date to be announced soon) but selection of films is ongoing. If any resident has a short film that they would like reviewed, please contact us at. threebridgepub@aol.com. Meanwhile our 17 Instructional Line Dance Videos are streaming on the Wynmoor You Tube channel.

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Wynmoor Video and Film Club

By Eddie Dex

The Wynmoor Video Club’s members are people who enjoy creating videos that are being made BY and FOR the residents of Wynmoor. The club has a selection of cameras, wireless microphones, lights and a great, easy to use, editing system that can accept videos from cell phones, emails or over the internet. We enjoy capturing and sharing the fun and excitement of Wynmoor people’s lives, events and vacation travels. Many local Wynmoor residents have had fascinating life stories to share in our interviews. Suggestions about other new videos and active club member contributions are welcome.

Please contact us through the club email address at Wynmoorvideo@gmail.com or call Eddie Dex at 954-305-4627.

Watch our Video Club videos... on Facebook at Wynmoor Video Club, on YouTube at Wynmoor Video Club, or on YouTube at Wynmoor Community Television, Playlist.

There is Something for Everyone at Wynmoor

GET INVOLVED

Join

Now

JOIN A CLUB - BRING A FRIEND

CLUBS

PLEASE CONTACT CLUB PRESIDENTS FOR FURTHER CLUB INFORMATION.

B

Ballet Exercise	954-973-7740
Belly Dance Exercise	954-439-0313
Ben’s Friends Art Club	954-933-7755
Billiard & Pool Club	516-582-8327
or wynmoorpoolclub@gmail.com	
Bocce Club	954-400-9302
Bookies Book Review	754-231-6368
Bridge	561-676-9390

C

Canasta	954-822-6245
Ceramics Club	450-567-2950
Chess Club	917-548-5120
Clay Sculpture	514-704-4497
Conservative Club	954-592-2276
Current Events	954-933-7743

D

Democratic Club of Wynmoor	305-720-5860
Drawing/Painting Workshop	847-338-5962

E

Eastern European Social	267-688-2580
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F

Fishing Club	516-526-5313
Fun with Friends	973-820-1392
or FunWithFriendsWyn2@Gmail.com	

G

Glass Kiln Club	416-432-1280
Golf Association	954-971-6544
Great To be Alive (GTA)	954-590-8823
Guys & Dolls	954-971-6544

H

Hadassah	954-612-1629
Health & Wellness Club	954-971-9538

L

Ladies Golf Association	282-374-2672
Latin Women’s Club	954-676-2773

M

Mah Jongg (Monday)	954-822-6245
Mah Jongg (Friday)	954-822-6245
Monday Night Dance & Social Club	954-867-8774

N

Nature & Arts Club	215-760-4606
Needlework Club	908-239-0010

P

Photography Club	917-359-7181
Pickleball Club	203-589-7733
Pottery Club	631-495-4868

R

S

Shades of Color	954-984-3672
Social Duplicate Bridge (Tuesday)	954-970-3456
Social Duplicate Bridge (Friday)	954-973-1223
Stained Glass Club	727-237-8540
Stone Sculpture	954-979-0774

T

Tennis Club	516-302-5229
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U

US Club	954-984-2801
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W

Women’s Non-Fiction Book Club	954-979-0295
Woodshop Club	954-972-6231
Writers Workshop	954-973-2181
Wynmoor Short Film Festival	954-295-1551
or threebridgepub@aol.com	

DON'T BE A
VICTIM

Safety Solutions

By Scotty Leamon, Public Safety Information Officer, Coconut Creek Police Department

Latest Scam Alerts and Back-To-School Reminders



Here are some of our latest Scam Alerts in case you missed them:

An Alert where the potential victim did the right thing. We do all these examples of the scammers getting their hooks into people... this Scam Alert is the opposite. We talked to someone

recently who did the right thing. She called us after a fraudster reached out to her on the phone posing as someone from her bank. He gave her the usual spill about how someone had used her bank card and now it was compromised. It scared her at first. Then she made the right move. She called somebody... just to make sure this was all on the up-and-up. She called us. And we told her... it was a scam. That's one of your defense tools when it comes to scams. You don't have to call us. Call a friend. Call your son. Call your daughter. They'll all spot the scam too. When you can't see things that are right in front of you, reach out to a friend or loved one, because they'll see it... and see it clearly.

The Apple Support Scam. Another visit from the sinister Apple Support Scam is the foundation of our latest Coconut Creek Police Department Scam Alert. An 83-year-old man recently called us after it happened to him. The fraudster told him his account had been compromised and convinced him to

withdraw a bunch of money from his bank account and put it into a Bitcoin machine in another city. Always remember, if you get a phone call like that out of the blue, it's always a scam. The scammers telling you to put your money into a Bitcoin machine means it's... always a scam.

Public schools start back on August 10th. Reminder that the Broward County Public School system starts back on August 10th. That of course means you'll start seeing the buses run again, along with kids walking, biking, e-biking, and e-scootering to school. The school zone speed cameras on NW 15th Street, or Cougar Trail, near Coconut Creek High School, have been off all summer. Those cameras will be turned back on come August 10th. Remember, when the flashers are flashing, keep your speed near 15 mph. Even when the flashers aren't flashing, and as long as there are kids in the school, keep your car under 35 mph on Cougar Trail or you will get a \$100 ticket in the mail. The speed limit is 25.

Speed cameras on NW 39th Avenue in front of Sabal Pines Park, which is in Winston Park Elementary's school zone will also come back to life on August 10th, as will a section of Johnson Road in Tradewinds Elementary's school zone. The regular speed limit is 30 on both of those streets.

When more cameras become active in additional school zones here in Coconut Creek, we'll let you know. You can also find out more information by visiting www.coconutcreek.gov/schoolzone.

Commercial Vans, Trucks, etc.
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TOWNSHIP PLAZA
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CoconutCreek.gov/Market

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It's Tea Time

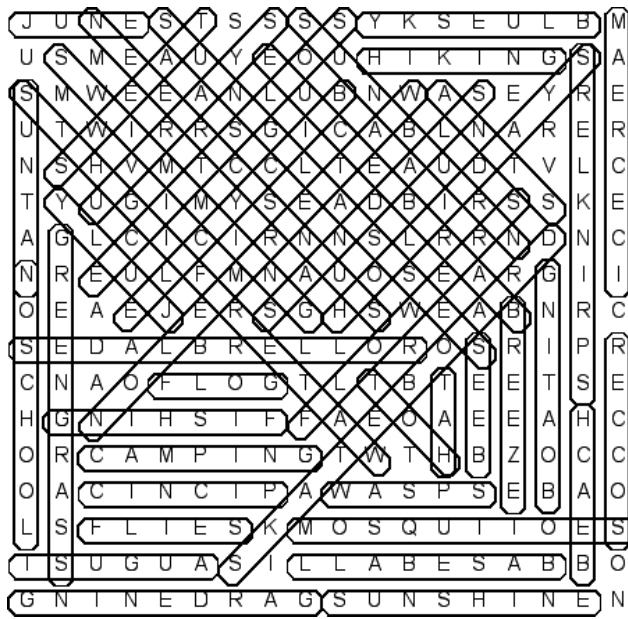
**Join us at the Country Club Library
for Tea and Cookies
Every Wednesday 3:00 - 4:00 PM**

Have Items You Want To Discuss In Person?

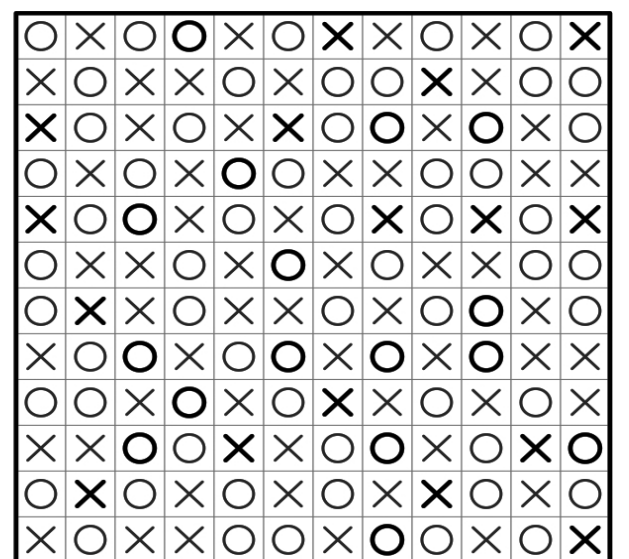
**You will have the opportunity
to meet Administrator,
Bruce Bandler,
Council Officers, including
President, Jackie Railey
and Wynmoor Department
Personnel.**



Solutions from page 30



5	4	3	2	7	8	6	9	1
8	6	1	3	9	4	7	2	5
9	2	7	1	5	6	8	3	4
1	7	8	5	4	2	9	6	3
2	3	5	6	8	9	1	4	7
4	9	6	7	3	1	2	5	8
3	5	9	8	2	7	4	1	6
6	8	2	4	1	5	3	7	9
7	1	4	9	6	3	5	8	2



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